

ABSTRAK**TINGKAT DAYA JUANG SISWA MENGIKUTI SISTEM PENDISIPLINAN
DI SEKOLAH DAN IMPLIKASINYA TERHADAP USULAN TOPIK-TOPIK
BIMBINGAN PRIBADI**

**(Studi Deskriptif pada Siswa Kelas X SMK Penerbangan AAG Adisutjipto
Yogyakarta Tahun Ajaran 2016/2017)**

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Penelitian ini bertujuan untuk mengetahui tingkat daya juang siswa mengikuti sistem pendisiplinan di sekolah. Subjek penelitian ini adalah siswa kelas X SMK Penerbangan AAG Adisutjipto Yogyakarta Tahun Ajaran 2016/2017 sebanyak 89 siswa. Tingkat daya juang dalam penelitian ini adalah kemampuan siswa dalam mengikuti sistem pendisiplinan yang ketat di sekolah dan mengatasi kesulitan-kesulitan yang dihadapi selama menjalankan sistem pendisiplinan tersebut.

Penelitian ini adalah penelitian kuantitatif deskriptif. Alat pengumpulan data ialah Kuesioner Daya Juang Mengikuti Sistem Pendisiplinan di Sekolah, berjumlah 70 item yang disusun oleh peneliti. Kuesioner disusun berdasarkan 5 aspek *Adversity Quotient* oleh Stoltz, yaitu (1) *Control*, (2) *Origin*, (3) *Ownership*, (4) *Reach*, (5) *Endurance*. Pengukuran validitas menggunakan validitas isi, selanjutnya menguji daya beda item dan menghasilkan 60 item valid. Pengukuran reliabilitas menggunakan rumus *Alpha Cronbach* dengan koefisien reliabilitas 0,931.

Hasil penelitian menunjukkan bahwa tingkat daya juang siswa kelas X mengikuti sistem pendisiplinan di sekolah tergolong kategori tinggi yaitu sebanyak 45 siswa (50,56%), sedangkan kategori sangat tinggi sebanyak 25 siswa (28,09%) dan kategori sedang sebanyak 19 siswa (21,35%). Siswa memiliki tingkat daya juang yang tinggi dalam merespons kesulitan-kesulitan yang mereka alami selama mengikuti sistem pendisiplinan di sekolah. Namun, pada beberapa kondisi tertentu, siswa masih kurang mampu merespons kesulitan dengan baik seperti yang ditunjukkan oleh hasil analisis capaian skor item. Untuk itu, diusulkan topik-topik bimbingan pribadi berdasarkan item-item yang memiliki capaian skor rendah untuk meningkatkan daya juang siswa, seperti keberanian, tanggung jawab, hingga pengelolaan emosi.

Kata Kunci: Daya Juang, Sistem Pendisiplinan

ABSTRACT

LEVEL OF STUDENTS' STRUGGLE POWER IN COMPLYING WITH THE DISCIPLINE SYSTEM AT SCHOOL AND ITS IMPLICATION FOR GUIDANCE TOPICS PROPOSALS

(Descriptive Study on X Graders of SMK Penerbangan AAG Adisutjipto Yogyakarta Batch 2016/2017)

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This research was aimed at finding the level of students' struggle power in complying with the discipline system at school. The research subjects were 89 X Graders of SMK Penerbangan AAG Adisutjipto Yogyakarta Batch 2016/2017. The struggle power in this research is students' ability to comply with the stringent discipline system at school and cope with difficulties faced while carrying out the discipline system.

This research was quantitative descriptive research. Data collection tool was Questionnaire On Struggle Power in Complying With The Discipline System at School with 70 items compiled by the researcher. The questionnaire was compiled based on 5 aspects of Adversity Quotient by Stoltz, i.e. (1) Control, (2) Origin, (3) Ownership, (4) Reach, (5) Endurance. Validity measurement was content validity, followed by item discriminatory power and yielded 60 valid items. Reliability measurement used was *Alpha Cronbach* equation with reliability coefficient of 0,931.

The result of the research showed that the level of students' struggle power of X graders in complying with the discipline system at school was categorized as high, i.e. 45 students (50,56%), while 25 students (28,09%) was categorized as very high, and 19 students (21,35%) was categorized as medium. Those students had a high struggle power in responding to difficulties they underwent while complying with the discipline system at school. However, in certain conditions, the students were not fully capable of responding well to difficulties as shown by the result of the item scoring. For this reason, it was proposed the private guidance topics based on items with low scores to boost the students' struggle power, such as bravery, responsibility, and emotion management.

Keyword: Struggle Power, Discipline System.