

ABSTRAK**KOMUNIKASI INTERPERSONAL SISWA KELAS VIII SMP N 1
YOGYAKARTA TAHUN AJARAN 2016/2017 DAN IMPLIKASINYA
TERHADAP USULAN TOPIK-TOPIK BIMBINGAN PRIBADI-SOSIAL**

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Penelitian ini merupakan penelitian deskriptif kuantitatif yang bertujuan untuk 1) memperoleh gambaran tentang komunikasi interpersonal siswa SMP N 1 Yogyakarta tahun ajaran 2016/2017, 2) mengidentifikasi item-item yang capaian skornya teridentifikasi rendah sebagai dasar usulan topik-topik bimbingan pribadi-sosial. Subjek penelitian adalah siswa kelas VIII SMP N 1 Yogyakarta yang berjumlah 64 orang.

Instrumen penelitian disusun berdasarkan 5 aspek komunikasi interpersonal, yaitu: (1) keterbukaan, (2) empati, (3) sikap mendukung, (4) sikap positif, (5) kesetaraan. Teknik analisis data dalam penelitian ini berpedoman pada kategorisasi Azwar (2009). Komunikasi interpersonal siswa kelas VIII digolongkan dalam 5 kategori, yaitu: “sangat baik”, “baik”, “cukup baik”, “kurang baik”, dan “tidak baik”. Koefisien reliabilitas diukur menggunakan teknik Alpha Cronbach sebesar (0,744) yang termasuk kategori tinggi.

Hasil penelitian menunjukkan bahwa tidak ada siswa yang memiliki komunikasi interpersonal “sangat baik”, 6 siswa (9%) yang memiliki komunikasi interpersonal “baik”, 56 siswa (88%) yang memiliki komunikasi interpersonal “cukup baik”, 2 siswa (3%) yang memiliki komunikasi interpersonal “kurang baik”, dan tidak ada siswa yang memiliki komunikasi interpersonal “tidak baik”. Berdasarkan skor butir pernyataan yang teridentifikasi rendah, sebagai dasar usulan topik-topik bimbingan pribadi-sosial. Berdasarkan skor item komunikasi interpersonal yang teridentifikasi rendah, peneliti memberikan usulan topik-topik bimbingan pribadi-sosial, yaitu: “Melatih Kepercayaan Diri”, “Aku dan Perasaanku”, “Menghargai Perasaan Orang lain”, dan “Motivasiku”.

Kata kunci: Komunikasi Interpersonal, siswa SMP.

ABSTRACT**THE INTERPERSONAL COMMUNICATION OF VIII GRADE STUDENTS OF SMP N 1 YOGYAKARTA YEAR 2016/2017 AND THE IMPLICATIONS ON THE PROPOSED PERSONAL-SOCIAL GUIDING TOPICS**

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This research is a quantitative descriptive study that aims to 1) obtain an overview of the interpersonal communication of junior high school students in SMPN 1 Yogyakarta year 2016/2017, 2) identify items that the achievement score is identified as low as the basis of the proposed topics for personal-social guidance. The subjects of the study were the students of VIII grade of SMP N 1 Yogyakarta, which was 64 people.

The research instrument was based on 5 aspects of interpersonal communication: (1) openness, (2) empathy, (3) attitude of support, (4) positive attitude, (5) equality. Data analysis technique in this research was based on Azwar categorization (2009). Interpersonal communication of VIII grade students was classified into 5 categories, namely: "very good", "good", "good enough", "less good", and "not good". The reliability coefficient was measured using Cronbach Alpha technique of (0.744) which belongs to high category.

The study results showed that none of the students had "excellent" interpersonal communication, 6 students (9%) had "good" interpersonal communication, 56 students (88%) had "good enough" interpersonal communication, 2 students (3%) had "inferior" interpersonal communication, and no students have "bad" interpersonal communication. The scores of the identified items that were low become the basis of the proposed topics of personal-social guidance. Based on the scores of interpersonal communication items that identified as low, the researcher proposed following topics of personal-social counseling: "Train Your Self-Confidence", "Me and My Feelings", "Respect for Others," and "My Motivation."

Keyword: Interpersonal communication, SMP (junior high school) students.