

RESILIENSI MANTAN NARAPIDANA TERHADAP PENOLAKAN LINGKUNGAN

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui gambaran resiliensi mantan narapidana terhadap penolakan lingkungan. Penelitian ini dilatarbelakangi oleh penolakan lingkungan masyarakat terhadap mantan narapidana. Pertanyaan penelitian yang diajukan adalah “Bagaimanakah gambaran resiliensi mantan narapidana menghadapi penolakan lingkungan?”. Metode penelitian yang digunakan yakni metode penelitian kualitatif. Informan dalam penelitian ini merupakan dua orang mantan narapidana yang tergolong dalam kasus berat yakni pencurian dan penjualan Narkotika jenis ganja. Pengambilan data dilakukan dengan metode wawancara semi terstruktur. Proses validasi dalam penelitian ini menggunakan *member checking*. Hasil penelitian menunjukkan bahwa kedua informan mengalami dampak penolakan lingkungan dan keduanya mampu resilien karena memiliki sumber pembentukan resiliensi *I Have*, *I Am*, dan *I Can* yang saling berinteraksi dan menopang. Sumber *I Have* meliputi adanya penerimaan dan dukungan dari keluarga dan teman dekat, dukungan berupa semangat serta adanya aturan keluarga. Sumber *I Am* meliputi adanya pemaknaan positif setelah keluar dari penjara, gambaran diri yang positif dan memiliki harapan kedepan. Sumber *I Can* meliputi mampu mengelola impuls, memiliki pemecahan masalah dan mampu membangun relasi yang baik dengan orang lain.

Kata kunci: resiliensi, mantan narapidana, penolakan lingkungan.

THE RESILIENCE OF FORMER INMATES TOWARD ENVIRONMENTAL REJECTION

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ABSTRACT

This study aims to determine the resilience of former inmates toward environmental rejection. The background of this research is the environmental rejection toward former inmates. The question posed in this research is, "How do former inmates face environmental rejection?" The method used in this research is qualitative research. The informants in this study were two former inmates who were classified into severe cases of theft and narcotics dealing of marijuana. The retrieval of the data was done by semi-structured interview method. The process of validation in this research uses the member checking method. The result shows that both informants experienced the impact of environmental rejection and both of them are able to perform resilience because they have the source of resilience formation "I Have, I Am, and I Can" which interact and support each other. The source of "I Have" includes acceptance and supports from family and close friends, the supports materialized in the form of emotional support and family rules. The source of "I Am" includes positivity after getting out of prison, a positive self-image and have hope to move forward. The source of "I Can" includes being able to manage impulses, able to solve problems, and able to build good relationships with others.

Key words: resilience, former inmates, environmental rejection.