

KONFLIK INTRAPERSONAL DAN *STRATEGY DEALING* PADA GAY YANG RELIGIUS

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ABSTRAK

Penelitian ini bertujuan untuk mengeksplorasi pengalaman mengenai konflik internal yang dimiliki kaum gay dan *strategy dealing* yang diambil kaum gay di Indonesia. Hasil penelitian ini diharapkan dapat menjadi dasar bagaimana kaum gay dapat menemukan *strategy dealing* yang terbaik dalam menyelesaikan konfliknya. Penelitian ini merupakan penelitian kualitatif dengan pendekatan *interpretative phenomenological analysis* (IPA). Dua laki-laki gay yang tetap menjalankan rutinitas agamanya dan sedang atau pernah mengikuti komunitas di lingkungan agamanya dipilih untuk menjadi informan penelitian ini. Data dikumpulkan dengan metode wawancara semi-terstruktur dan dianalisis dengan metode IPA. Hasil penelitian menunjukkan bahwa kedua informan dalam penelitian ini memiliki konflik intrapersonal terhadap agamanya, seperti: ajaran agama *versus* rasa nyaman menjadi gay, keinginan hati menjadi gay *versus* agama sebagai pedoman, keinginan menjadi heteroseksual *versus* tak berdaya melawan naluri gay, dan keinginan melakukan pelayanan digereja *versus* orientasi homoseksual. Konflik intrapersonal tersebut memunculkan *strategy dealing* dengan mengeliminasi konflik pada kedua informan. Ketika berada dalam identitas homoseksual, mereka meniadakan agamanya, sebaliknya ketika dalam identitas agama, mereka meniadakan homoseksualitasnya.

Kata kunci: gay, konflik intrapersonal, *strategy dealing*, agama

INTRAPERSONAL CONFLICTS AND STRATEGY DEALING IN RELIGIOUS GAY

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ABSTRACK

This study aimed to explore the experience of internal conflicts had by gays and the strategy dealing chosen by gays in Indonesia. The results of this study were expected to be used as a basis of how gays can found the best startegy dealing for solving the conflict. This study was a qualitative study which employed interpretative phenomenologycal analysis (IPA) as the approach. Two gays who are conducting religious routines and have joined religious group were chosen as informants for this study. The data were collected by using semi-structured interview and analyzed by IPA method. The result showed that the informants had intrapersonal conflicts toward their religion, such as: religious principles versus comfort feeling of being gay, the inclination of being gay versus religion as a guideline, the inclination of being heterosexual versus the helplessness against instinct of being gay, dan the inclination in conducting church services versus homosexual orientation. The intrapersonal conflict made the two informants brought out the strategy dealing by eliminating the conflicts. When the informants were in their homosexual identity, they omitted the religion identity, and when the informants were in their religion identity, they omitted the homosexual identity.

Keyword: gay, intrapersonal conflict, strategy dealing, religion