

## ABSTRACT

Saputri, Dionisia Stella Ayu. (2017). *Students' Speaking Anxiety in the Impromptu Speech Performance in Speaking I Class Batch 2017*. Yogyakarta: English Language Education Study Program, Sanata Dharma University.

Speaking skill is one of the skills taught in the English Language Education Study Program (ELESP) Sanata Dharma University (SDU). One of the speaking classes is Speaking I Class which focuses on training and motivating the English as Foreign Language (EFL) students to speak fluently and accurately. In the Speaking I Class batch 2017, students are required to deliver impromptu speech in front of the class. However, speaking in front of the class may become a difficult task for some students as they may experience a speaking anxiety.

The aim of this research is to find the types and the factors affecting speaking anxiety experienced by the first semester students of batch 2017 in performing impromptu speech in Speaking I Class. There were two research questions addressed in this research, (1) "What types of speaking anxiety do the students experience during the impromptu speech performance in Speaking I Class batch 2017?", and (2) "What are the factors affecting the students' speaking anxiety in performing impromptu speech in Speaking I Class batch 2017?"

This research was conducted using qualitative research. The research participants were the students of Speaking I Class B of ELESP batch 2017 of SDU who have experienced performing impromptu speech in the class. In conducting this research, the researcher obtained the data through an observation, questionnaires, and interviews.

The result of this research showed that speaking anxiety appeared during the IS performance as seen from its indicators. The most experienced type of speaking anxiety in the impromptu speech activity was a fear of negative evaluation, followed by communication apprehension and test anxiety. Those types of speaking anxiety were affected by four factors, namely cognitive factors, psychological factors, social factors, and physical factors.

**Keywords:** *impromptu speech, speaking anxiety, EFL speaking class.*

## ABSTRAK

Saputri, Dionisia Stella Ayu. (2017). Students' Speaking Anxiety in the Impromptu Speech Performance in Speaking I Class Batch 2017. Yogyakarta: English Language Education Study Program, Sanata Dharma University.

Kecakapan berbicara adalah salah satu ketrampilan yang diajarkan di Pendidikan Bahasa Inggris (PBI) Universitas Sanata Dharma (USD). Salah satu kelas *speaking* adalah kelas *Speaking I* yang fokus melatih dan memotivasi mahasiswa yang mempelajari *English as Foreign Language (EFL)* untuk berbicara dengan lancar dan tepat. Pada *Speaking I Class* angkatan 2017, mahasiswa diwajibkan untuk menyampaikan *impromptu speech* di depan kelas. Namun demikian, berbicara di depan kelas terkadang merupakan tugas yang sulit bagi sebagian mahasiswa sebab mereka dapat merasakan kegugupan dalam berbicara.

Tujuan dari penelitian ini adalah untuk menemukan tipe dan faktor penyebab munculnya kegugupan berbicara yang dialami oleh mahasiswa semester pertama angkatan 2017 dalam menyampaikan *impromptu speech* di kelas *Speaking I*. Terdapat dua rumusan masalah dalam penelitian ini, yaitu (1) "Apa sajakah tipe kegugupan berbicara yang dialami mahasiswa ketika menyampaikan *impromptu speech* di kelas *Speaking I* angkatan 2017?", dan (2) "Apa sajakah faktor penyebab dari kegugupan berbicara yang dialami oleh mahasiswa ketika menyampaikan *impromptu speech* di kelas *Speaking I* angkatan 2017?"

Penelitian ini merupakan penelitian kualitatif. Peserta dari penelitian ini adalah mahasiswa di kelas *Speaking I B PBI* angkatan 2017 SDU yang telah menyampaikan *impromptu speech* di kelas. Dalam menyelenggarakan penelitian ini, peneliti mengambil data melalui observasi, kuesioner, dan wawancara.

Hasil dari penelitian ini menunjukkan bahwa kegugupan berbicara muncul selama penyampaian *impromptu speech* seperti yang dapat dilihat dari indikatornya. Tipe kegugupan berbicara yang paling banyak dialami oleh mahasiswa adalah rasa takut terhadap evaluasi negatif, diikuti oleh kekhawatiran berkomunikasi, dan kegelisahan terhadap ujian. Tipe-tipe kegugupan berbicara ini disebabkan oleh empat faktor, yaitu faktor kognitif, faktor psikologi, faktor sosial, dan faktor fisik.

**Kata kunci:** *impromptu speech, speaking anxiety, EFL speaking class.*