

ABSTRAK

HUBUNGAN ANTARA KETAHANAN FISIK MENTAL SPIRITUAL, KEMAMPUAN MENGELOLA STRES DAN LINGKUNGAN KERJA DENGAN MOTIVASI KERJA KARYAWAN

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Penelitian ini bertujuan untuk mengetahui hubungan antara ketahanan fisik mental spiritual, kemampuan mengelola stres, dan lingkungan kerja dengan motivasi kerja karyawan baik secara parsial maupun secara simultan pada PT. Adi Satria Abadi Yogyakarta. Jenis penelitian ini adalah penelitian studi kasus. Dalam penelitian ini, jumlah sampel sebanyak 130 responden yang ditentukan dengan menggunakan rumus Slovin. Teknik pengambilan sampel menggunakan teknik *purposive sampling*. Data primer diperoleh melalui kuesioner, sedangkan data sekunder diperoleh melalui dokumen perusahaan. Teknik analisis data dilakukan dengan menggunakan analisis korelasi parsial dan korelasi ganda. Hasil analisis data menunjukkan bahwa ada hubungan yang signifikan baik secara parsial maupun simultan antara ketahanan fisik mental spiritual, kemampuan mengelola stres, dan lingkungan kerja dengan motivasi kerja karyawan bagian produksi pada PT. Adi Satria Abadi Yogyakarta.

ABSTRACT

**THE RELATIONSHIP BETWEEN THE PHYSICAL MENTAL
SPIRITUAL ENDURANCE, STRESS MANAGING ABILITY,
WORK ENVIRONMENT AND
THE WORK MOTIVATION OF THE EMPLOYEES
A Case Study on the Production Division Employees of
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This research was aimed to know the relationship between the physical mental spiritual endurance, stress managing ability, work environment and the work motivation, both partially and simultaneously, at PT. Adi Satria Abadi of Yogyakarta. The writer employed a case study research. In this research, the total of the sample was 130 respondents which were determined by employing the Slovin formula. The sampling procedure was a purposive sampling. The primary data were obtained through questionnaires, whereas the secondary data were gained from the company document. The data analysis was done by using partial correlation and double correlation analysis. The result of the data analysis showed that there was a significant relationship both partially and simultaneously between the physical mental spiritual endurance, stresses managing ability, work environment and the work motivation of the Production Division Employees of PT. Adi Satria Abadi of Yogyakarta.