

ABSTRAK

DESKRIPSI PENYESUAIAN DIRI SISWA KELAS X SMA STELLA DUCE BANTUL YOGYAKARTA TERHADAP KEGIATAN AKADEMIK DAN KEHIDUPAN DI SEKOLAH TAHUN AJARAN 2005/2006

Alexander Budi Setiawan
Universitas Sanata Dharma
Yogyakarta
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Penelitian ini bertujuan untuk memperoleh gambaran tentang: (1) Tingkat keberhasilan penyesuaian diri siswa kelas X SMA Stella Duce Bantul Yogyakarta Tahun Ajaran 2005/2006 terhadap kegiatan akademik; dan (2) Tingkat keberhasilan penyesuaian diri siswa kelas X SMA Stella Duce Bantul Yogyakarta Tahun Ajaran 2005/2006 terhadap kehidupan di sekolah. Jenis penelitian ini adalah penelitian deskriptif dengan metode survei. Subyeknya adalah semua siswa kelas X SMA Stella Duce Bantul Yogyakarta Tahun Ajaran 2005/2006, dengan jumlah responden 56 orang.

Instrumen penelitian yang digunakan adalah kuesioner penyesuaian diri siswa SMA terhadap kegiatan akademik dan kehidupan di sekolah yang berjumlah 75 item. Kuesioner ini disusun oleh peneliti dengan memodifikasi alat yang sudah ada berdasarkan dua aspek yaitu: aspek kegiatan akademik yang terdiri dari indikator: penggunaan keterampilan belajar dan pelaksanaan kegiatan belajar mengajar di dalam kelas; aspek kehidupan di sekolah yang terdiri dari indikator: pelaksanaan tata tertib sekolah, sikap terhadap sekolah, pemanfaatan fasilitas sekolah dan pergaulan dengan teman sebaya di sekolah. Analisis data dilakukan dengan menyusun kriteria tingkat kemampuan penyesuaian diri terhadap kegiatan akademik dan kehidupan di sekolah berdasarkan PAP Tipe I yang dikategorikan menjadi lima yaitu: sangat tinggi, tinggi, cukup tinggi, rendah dan sangat rendah.

Hasil penelitian penyesuaian diri siswa kelas X SMA Stella Duce Bantul Yogyakarta terhadap kegiatan akademik dan kehidupan di sekolah tahun ajaran 2005/2006 adalah sebagai berikut: (1) penyesuaian diri terhadap kegiatan akademik yang berkategori tinggi dicapai oleh 38 siswa (67,85%), (2) penyesuaian diri terhadap kegiatan akademik yang berkategori cukup tinggi dicapai oleh 18 siswa (32,15%), (3) tidak ada yang mempunyai tingkat kemampuan penyesuaian diri terhadap kegiatan akademik sangat tinggi, rendah dan sangat rendah (0%), (4) penyesuaian diri terhadap kehidupan di sekolah yang berkategori sangat tinggi dicapai oleh 9 siswa (16,07%), (5) penyesuaian diri terhadap kehidupan di sekolah yang berkategori tinggi dicapai oleh 46 siswa (82,14%), (6) penyesuaian diri terhadap kehidupan di sekolah yang berkategori cukup tinggi dicapai oleh 1 siswa (1,79%) dan (7) tidak ada yang mempunyai tingkat kemampuan penyesuaian diri terhadap kehidupan di sekolah rendah dan sangat rendah (0%).

ABSTRACT

A DESCRIPTION OF SELF ADJUSTMENT AMONG THE TENTH GRADE STUDENTS OF STELLA DUCE SENIOR HIGH SCHOOL BANTUL YOGYAKARTA ACADEMIC YEAR OF 2005/2006 ON THEIR ACADEMIC PERFORMANCE AND DAILY LIFE IN SCHOOL

Alexander Budi Setiawan
Sanata Dharma University
Yogyakarta
2006

This study was conducted to get a description on: (1) The achievement of self adjustment among the tenth grade students of Stella Duce Senior High School Bantul Yogyakarta academic year 2005/2006 on their academic performance; and (2) The achievement of self adjustment among the tenth grade students of Stella Duce Senior High School Bantul Yogyakarta academic year 2005/2006 on their daily life in school. The type of this research is descriptive research by survey method. Its subjects were 56 tenth grade students of Stella Duce Senior High School Bantul Yogyakarta academic year of 2005/2006.

The research instrument used in this study was questionnaire of senior high school students' achievement on their academic performance and daily life in school. The questionnaire consisted of 75 items. The writer developed the by modifying the existing tools based on two aspects; those were students' academic performance and students' daily life in school. The indicators of academic performance were the learning skills implementation and teaching-learning process in classroom. Meanwhile, the indicators of the students' daily life in school were the school's rules implementation, the students' attitude toward the school, the school's facilities employment and the relationship with peer in school. The data analysis done by categorizing the achievement of self adjustment on the students' academic performance and daily life in school with PAP Type I: "very high", "high", "quite high", "low" and "very low".

The result of the study of self adjustment among the tenth grade students of Stella Duce Senior High School Bantul Yogyakarta academic year of 2005/2006 were as follow: (1) 38 students (67.85%) were categorized to have high achievement of self adjustment on academic performance; (2) 18 students (32.15%) were categorized to have quite high of self adjustment on academic performance (3) no student was categorized to have very high, low, nor very low achievement of self adjustment on academic performance; (4) 9 students (16.07%) were categorized to have very high achievement of self adjustment on their daily life in school; (5) 16 students (82.14%) were categorized to have high achievement of self adjustment on their daily life in school; (6) 1 student (1.79%) was categorized to have quite high achievement of self adjustment on their daily life in school; and (7) no student was categorized to have low nor very low achievement of self adjustment on their daily life in school.