

ABSTRAK

DESKRIPSI KEGIATAN WAKTU LUANG SISWA-SISWI KELAS VIII B SMP MARIA ASSUMPTA KLATEN TAHUN AJARAN 2006/2007

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Penelitian ini bertujuan untuk mendeskripsikan kegiatan waktu luang yang dilakukan oleh siswa-siswi kelas VIII B SMP Maria Assumpta Klaten tahun ajaran 2006/2007. Jenis penelitian ini adalah penelitian deskriptif dengan metode survei, dengan populasi 48 siswa. Instrumen penelitian yang digunakan adalah kuesioner kegiatan waktu luang. Instrumen tersebut disusun oleh peneliti berdasarkan definisi operasional dari kegiatan waktu luang dan terdiri dari dua aspek, yaitu: (1) Kegiatan yang dilakukan sendiri. (2) Kegiatan yang dilakukan bersama orang lain. Teknik pengolahan data yang digunakan adalah tabulasi data, penghitungan frekuensi, persentase dan penyusunan peringkat berdasarkan kriteria Penilaian Acuan Norma (PAN) tipe I.

Hasil penelitian menunjukkan bahwa: (1) kegiatan waktu luang yang amat sering/selalu (ASS) dan sering (SR) dilakukan oleh minimal 25% siswa-siswi kelas VIII B SMP Maria Assumpta Klaten tahun ajaran 2006/2007, antara lain: membaca surat kabar/tabloid, membaca komik, mendengarkan musik rock, mendengarkan musik pop, mendengarkan acara berita di televisi, menonton film di televisi, menonton acara musik di televisi, mengunjungi orang sakit, jalan-jalan (*refreshing*) mengurangi kepenatan/kebosanan, membersihkan rumah, berolah raga bersepeda, berdiskusi tentang pelajaran, mengobrol membahas masalah yang sedang dihadapi, piknik/rekreasi; (2) kegiatan waktu luang yang positif yang jarang atau tidak pernah (JTP) dilakukan oleh minimal 50% siswa-siswi kelas VIII B SMP Maria Assumpta Klaten tahun ajaran 2006/2007, antara lain: membaca majalah mode, mendengarkan musik campur sari, mendengarkan musik keroncong, mengembangkan hobi menari, les privat Bahasa Inggris, les privat Matematika, les privat Fisika, les privat Kimia, mengikuti kursus komputer, berolah raga senam, berolah raga bela diri, berolah raga voli, berdiskusi tentang seksualitas.

ABSTRACT

THE LEISURE TIME ACTIVITIES OF VIII B GRADE STUDENTS OF MARIA ASSUMPTA JUNIOR HIGH SCHOOL KLATEN ACADEMIC PERIOD 2006/2007

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This research aimed to describe the leisure time activities which were conducted by VIII B grade students of Maria Assumpta in academic period of 2006/2007. The type of this research was descriptive research by survey method, by population of 48 students. The instrument used in this research was questionnaire of leisure time activity. This instrument was arranged by the researcher based on operational definition of leisure time activity and comprised of two aspects, i.e.: (1) self-conducted activities, (2) along with other person-conducted activities. The technique of data collection used was data tabulation, frequency calculation, percentage and arrangement of level based on criteria of Norm Reference Evaluation (PAN) type 1.

The result of this research revealed that: (1) leisure time activities which often/always (ASS) and often (SR) conducted by minimal of 25% VIII B grade students in Maria Assumpta Junior High School Klaten in academic period of 2006/2007, such as: reading newspaper/tabloid, reading comic, listening to rock music, listening to pop music, listening to news program in television, watching films in television, watching music program in television, visiting injured persons, taking a walk (refreshing) to decrease the weariness/boredom, cleaning up house, bicycling, discussing about the lessons, chatting about the problem being faced, picnic/recreation; (2) the positive leisure time activity which was seldom or never (JTP) conducted by minimal 50% of VIII B grade students in Maria Assumpta Junior High School Klaten in academic period of 2006/2007, such as: reading model magazine, listening to campur sari music, listening to keroncong music, developing hobbies in dancing, private lesson of english, private lesson of mathematic, private lesson of physics, private lesson of chemicals, attending computer course, discussing sexuality