

## **ABSTRAK**

### **DESKRIPSI MASALAH-MASALAH BELAJAR YANG DIALAMI OLEH SISWI-SISWI KELAS XI SMA STELLA DUCE 2 YOGYAKARTA TAHUN AJARAN 2008/2009 DAN IMPLIKASINYA TERHADAP TOPIK-TOPK BIMBINGAN KLASIKAL**

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Penelitian ini merupakan penelitian deskriptif yang bertujuan untuk:

(1) mengetahui masalah-masalah belajar yang dialami oleh siswi-siswi kelas XI SMA Stella Duce 2 Yogyakarta tahun ajaran 2008/2009, dan (2) mengetahui topik-topik bimbingan klasikal yang sesuai dengan masalah belajar yang dialami para siswi tersebut..

Subjek penelitian adalah seluruh siswi kelas XI SMA Stella Duce 2 Yogyakarta yang berjumlah 99 orang. Siswi-siswi tersebut terbagi dalam empat kelas, yaitu kelas XI Bahasa (9 orang), kelas XI IPA (21 orang), kelas XI IPS1 (33 orang), dan kelas XI IPS2 (36 orang).

Instrumen penelitian yang digunakan adalah kuesioner yang terdiri dari 62 item. Kuesioner disusun oleh peneliti sendiri berdasarkan uraian dari aspek-aspek yang mempengaruhi proses belajar siswa, yaitu aspek internal, dan aspek eksternal.

Teknik analisis data dalam penelitian dilakukan dengan menghitung mean, standar deviasi, dan mengkategorisasikan skor tiap item yang dibedakan menjadi tiga kategori, yaitu: rendah, sedang, dan tinggi.

Hasil penelitian ini adalah: (1) masalah-masalah belajar yang dialami oleh siswi-siswi kelas XI SMA Stella Duce 2 Yogyakarta tahun ajaran 2008/2009 adalah: 79,48% siswi mengalami masalah-masalah belajar yang bersumber dari aspek internal, dan ada 60,86% siswi yang mengalami masalah-masalah belajar yang bersumber dari aspek eksternal. (2) usulan topik-topik bimbingan klasikal yang sesuai bagi para siswi ini adalah: belajar efektif, mengenal bakat, keterampilan berkomunikasi, Mengelola emosi, berpikir positif, kesehatan tubuh dan mental, penyesuaian diri, cara bergaul, dan kerjasama.

## **ABSTRACT**

### **DESCRIPTION OF LEARNING PROBLEMS FACED BY THE XI GRADE STUDENTS OF STELLA DUCE 2 SENIOR HIGH SCHOOL YOGYAKARTA IN ACADEMIC PERIOD 2008/2009 AND ITS IMPLICATION TO CLASSICAL GUIDANCE TOPICS**

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This research was a descriptive research intended: (1) to know the learning problems faced by the XI grade students of Stella Duce 2 Senior High School Yogyakarta in Academic Period of 2008/2009, and (2) to know the classical guidance topics which are appropriate to the learning problems faced by those students.

The subjects of this research were all XI grade students of Stella Duce 2 Senior High School Yogyakarta in academic period 2008/2009 of 99 persons. Those students were divided into four classes, i.e. Language XI class (9 students), Science XI class (21 students), 1 Social Studies XI class (33 students), and Social Studies XI class (36 students).

The instruments used were questioners comprising of 62 items. These questioners were compiled by the author individually based on the explanation of aspects influencing the students' learning process, i.e. internal and external aspects.

The technique of data analysis in this research was conducted by calculating mean, deviation standard, and categorization of the scores of each item that were differentiated into three categories: low, moderate, and high.

The result of this research were: (1) learning problems faced by the XI grade students of Stella Duce 2 Senior High School Yogyakarta in academic period 2008/2009 are: 79,48% of students have learning problems that was sourced from internal aspects, and 60,86% of students have learning problems that was sourced from external aspects. (2) The proposal of classical learning topics that are appropriate to those students are: effective learning, recognizing any capabilities, communicating skills, emotional management, positively thinking, health and mental health, self-adaptation, association and cooperation manners.