

ABSTRAK

DESKRIPSI TINGKAT PERILAKU AGRESIF SISWA KELAS VIII SMP STELLA DUCE 2 YOGYAKARTA TAHUN AJARAN 2006/2007 DAN IMPLIKASINYA TERHADAP USULAN TOPIK-TOPIK BIMBINGAN KLASIKAL

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Penelitian ini bertujuan untuk menggambarkan tingkat perilaku agresif siswa kelas VIII SMP Stella Duce 2 Yogyakarta tahun ajaran 2006/2007. Masalah yang menjadi dasar penelitian ini adalah (1) "Bagaimanakah tingkat perilaku agresif siswa kelas VIII SMP Stella Duce 2 Yogyakarta tahun ajaran 2006/2007?" dan (2) "Topik-topik bimbingan klasikal yang bagaimanakah yang sesuai untuk siswa kelas VIII SMP Stella Duce 2 Yogyakarta tahun ajaran 2006/2007?".

Jenis penelitian merupakan penelitian deskriptif. Subjek uji coba adalah siswa kelas VIII D dan VIII E SMP Stella Duce 2 Yogyakarta yang berjumlah 75 siswa pada tahun ajaran 2005/2006, sedangkan untuk subjek penelitian adalah siswa kelas VIII B, C dan E SMP Stella Duce 2 Yogyakarta yang berjumlah 104 siswa pada tahun ajaran 2006/2007.

Instrumen penelitian yang digunakan adalah "Kuesioner Perilaku Agresif" yang disusun sendiri oleh peneliti. Kuesioner tersebut terdiri dari pernyataan-pernyataan yang memuat 8 bentuk perilaku agresif, yaitu 4 bentuk perilaku agresif dimensi fisik (agresi fisik-aktif-langsung, agresi fisik-aktif-tidak langsung, agresi fisik-pasif-langsung, agresi fisik-pasif-tidak langsung) dan 4 bentuk perilaku agresif dimensi verbal (agresi verbal-aktif-langsung, agresi verbal-aktif-tidak langsung, agresi verbal-pasif-langsung, agresi verbal-pasif-tidak langsung). Total item berjumlah 80 butir.

Teknis analisis data yang digunakan adalah perhitungan persentase dan peringkat berdasarkan rumus PAP tipe II. Tingkat perilaku agresif siswa kelas

VIII SMP Stella Duce 2 Yogyakarta Tahun Ajaran 2006/2007 digolongkan menjadi 5, yaitu: sangat tinggi, tinggi, cukup, rendah, dan sangat rendah.

Hasil penelitian menunjukkan deskripsi tingkat perilaku agresif siswa kelas VIII SMP Stella Duce 2 Yogyakarta sebagai berikut: (1) tidak ada siswa yang tingkat perilaku agresifnya sangat tinggi, (2) 3 (2,88%) siswa yang tingkat perilaku agresifnya tinggi, (3) 32 (30,77%) siswa yang tingkat perilaku agresifnya cukup, (4) 43 (41,35%) siswa yang tingkat perilaku agresifnya rendah, dan (5) 26 (25%) siswa yang tingkat perilaku agresifnya sangat rendah.

Berdasarkan hasil penelitian tersebut, diusulkan topik-topik bimbingan klasikal untuk menekan angka perilaku agresif siswa kelas VIII SMP Stella Duce 2 Yogyakarta, yaitu "Perilaku agresif", "Dampak dan cara mengatasi perilaku agresif", "Pengaruh emosi", "Pengungkapan perasaan", "Kendali diri", "Pengamatan konflik", "Strategi penyelesaian konflik", "Tekanan teman sebaya", "Perilaku asertif" dan "Kecerdasan emosional".

ABSTRACT

**THE DESCRIPTION OF THE EIGHT GRADE STUDENTS’
AGGRESSIVE BEHAVIOR LEVEL IN STELLA DUCE 2
JUNIOR HIGH SCHOOL YOGYAKARTA ACADEMIC YEAR 2006/2007
AND ITS IMPLICATION TO CLASSICAL GUIDANCE
TOPICS PROPOSAL**

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This research aimed to describe the eight grade students’ aggressive behavior level in Stella Duce 2 Junior High School Yogyakarta academic year 2006/2007. The problems that became the basic of this research were (1) “What is the eight grade students’ aggressive behavior level in Stella Duce 2 Junior High School Yogyakarta academic year 2006/2007?” and (2) “What kind of classical guidance topics are appropriate for the eight grade students in Stella Duce 2 Junior High School Yogyakarta academic year 2006/2007?”.

This was a descriptive research. The prior test subjects were the eight grade students from class VIII D and VIII E Stella Duce 2 Junior High School Yogyakarta academic year 2005/2006: 75 students, whereas the subjects for the research were 104 students of the eight grade from class VIII B, VIII C and VIII E Stella Duce 2 Junior High School Yogyakarta academic year 2006/2007.

The used research instrument was “Aggressive Behavior Questionnaire” that was compiled by writer. The questionnaire consisted of statements with 8 aggressive behavior forms, that is 4 physical dimension forms of aggressive behavior (direct-active-physical aggression, indirect-active-physical aggression, direct-passive-physical aggression, indirect-passive-physical aggression) and 4 verbal dimension forms of aggressive behavior (direct-active-verbal aggression, indirect-active-verbal aggression, direct-passive-verbal aggression, indirect-passive-verbal aggression). The amounts of items were 80 items.

The data analysis technique used was the percentage calculation and level based on PAP type II. Aggressive behavior level of eight grade students in Stella Duce 2 Junior High School Yogyakarta academic year 2006/2007 were classified into 5 classification, they are: very high, high, enough, low and very low.

The research result showed that the eight grade students' aggressive behavior level in Stella Duce 2 Junior High School Yogyakarta academic year 2006/2007 were as follow: (1) there was no student who had very high aggressive behavior level, (2) 3 students (2,88%) had high aggressive behavior level, (3) 32 students (30,77%) had enough aggressive behavior level, (4) 43 students (41,35%) had low aggressive behavior level, and (5) 26 students (25%) had very low aggressive behavior level.

Based on the research result, appropriate classical guidance topics were proposed to press the point of the eight grade students' aggressive behavior in Stella Duce 2 Junior High School Yogyakarta academic year 2006/2007, that is "Aggressive behavior", "The impact and the manner to overcome aggressive behavior", "Emotion effect", "Sense disclosure", "Self control", "Conflict observation", "Conflict finishing strategy", "Friends pressure", "Assertive behavior", and "Emotional intelligence".