

ABSTRAK

DESKRIPSI FAKTOR-FAKTOR YANG MENGHAMBAT BELAJAR SISWI-SISWI KELAS X SMA STELLA DUCE 2 YOGYAKARTA TAHUN AJARAN 2008/2009 DAN USULAN TERHADAP TOPIK-TOPIK BIMBINGAN KLASIKAL

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Penelitian ini merupakan penelitian deskriptif yang bertujuan untuk: (1) mengetahui faktor-faktor apakah yang menghambat belajar siswi kelas X SMA Stella Duce 2 Yogyakarta tahun ajaran 2008/2009, dan (2) mengetahui topik-topik bimbingan klasikal apa saja yang sesuai bagi siswi kelas X SMA Stella Duce 2 Yogyakarta tahun ajaran 2008/2009.

Subjek penelitian ini adalah seluruh siswi kelas X SMA Stella Duce 2 Yogyakarta yang terbagi dalam 5 kelas, yaitu kelas X A (30 orang), X B (30 orang), X C (32 orang), kelas X D (30 orang) dan kelas X E (32 orang). Total siswi sebagai subjek penelitian adalah 154 orang.

Instrumen penelitian yang digunakan adalah kuesioner yang terdiri dari 72 item pernyataan *favourable* dan *unfavorable*. Kuesioner disusun oleh peneliti sendiri berdasarkan uraian dari faktor-faktor yang menghambat proses belajar siswa, yaitu faktor psikologis, faktor keluarga, faktor lingkungan sekolah, dan faktor lingkungan masyarakat.

Teknik analisis data dalam penelitian ini dilakukan dengan menghitung mean, standar deviasi, dan kategorisasi skor tiap item. Kategorisasi ini terdiri dari tiga kategori, yaitu: rendah, sedang, dan tinggi.

Hasil penelitian ini adalah: (1) Faktor-faktor yang menghambat belajar siswi-siswi kelas X SMA Stella Duce 2 Yogyakarta tahun ajaran 2008/2009 adalah: faktor psikologis, faktor lingkungan sekolah, faktor lingkungan masyarakat, dan faktor keluarga. (2) Peneliti menyusun usulan topik-topik bimbingan klasikal yang sesuai bagi siswi kelas XI SMA Stella Duce 2 Yogyakarta tahun ajaran 2008/2009, antara lain: keterampilan berkomunikasi, pengelolaan emosi, *problem solving*, motivasi belajar, mengenal bakat yang ada dalam diri, belajar efektif, cara bergaul, dan penyesuaian diri.

ABSTRACT

DESCRIPTION OF FACTORS IMPEDING LEARNING PROCESS OF X GRADE STUDENTS OF STELLA DUCE 2 SENIOR HIGH SCHOOL YOGYAKARTA IN ACADEMIC PERIOD OF 2008/2009 AND PROPOSAL TO CLASSROOM GUIDANCE TOPICS

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This research was descriptive research that intended: (1) to know what factors impeding learning process of X grade students of Stella Duce 2 Senior High School Yogyakarta in academic period of 2008/2009, and (2) to know what the classroom guidance topics appropriate to the X grade students of Stella Duce 2 Senior High School Yogyakarta in academic period of 2008/2009.

The subjects of this research were all X grade students of Stella Duce 2 Senior High School Yogyakarta that was divided into 5 classes, i.e. XA (30 students), XB (30 students), XC (32 students), XD (30 students), and XE (32 students). Total of students behalf as the subjects of this research were 154 students.

The instrument of this research used questions comprising 72 favourable and unfavourable question items. These questions were individually compiled by the researcher based on the explanation of the factors that impeding students' learning process, i.e. psychological, families, school-environmental and social environmental factors.

The technique of data analysis in this research was conducted by calculating mean, standard deviation, and categorization of each items' score. This categorization consisted of three categories, i.e.: low, moderate, and high.

The result of this research were: (1) the factors that impedes learning process of X grade students of Stella Duce 2 Yogyakarta in academic period of 2008/2009 are the psychological, school-environment, social-environmental aspect, and the families factors. (2) the research compiled the proposals on classroom guidance topic that are appropriate to the X grade students of Stella Duce 2 Senior High School Yogyakarta in academic period of 2008/2009, i.e.: communicating skills, emotional management, problems solving, learning motivation, knowing self-skills, effective learning, the way association pattern, and self-adaptation.