

ABSTRAK

KONSEP DIRI PARA SISWA KELAS XI SMA STELLA DUCE 1 YOGYAKARTA TAHUN AJARAN 2008/2009 DAN IMPLIKASINYA TERHADAP USULAN TOPIK-TOPIK BIMBINGAN KLASIKAL

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Penelitian ini merupakan penelitian deskriptif, yang bertujuan untuk: (1) mengetahui konsep diri para siswa kelas XI SMA Stella Duce 1 Yogyakarta tahun ajaran 2008/2009; dan (2) mengetahui topik-topik bimbingan klasikal yang sesuai bagi para siswa tersebut.

Populasi penelitian ini adalah para siswa kelas XI SMA Stella Duce 1 Yogyakarta tahun ajaran 2008/2009 yang berjumlah 145 siswa. Sampel penelitian berjumlah 139 siswa yaitu kelas XI IPS1 (38 siswa), kelas XI IPS2 (38 siswa), kelas XI IPS3 (35 siswa), dan kelas XI IPA2 (28 siswa).

Instrumen penelitian yang digunakan adalah Kuesioner Konsep Diri, yang terdiri dari 60 item dan disusun sendiri oleh peneliti. Teknik analisis data dalam penelitian dilakukan dengan menghitung mean. Kategorisasi konsep diri yaitu positif dan negatif; sedangkan kategorisasi skor item yaitu tinggi, rata-rata dan rendah

Hasil penelitian ini adalah: (1) konsep diri para siswa kelas XI SMA Stella Duce 1 Yogyakarta tahun ajaran 2008/2009 adalah: 60 siswa (58%) memiliki konsep diri positif dan 44 siswa (42%) memiliki konsep diri negatif; dan (2) usulan topik-topik bimbingan klasikal yang sesuai bagi para siswa ini adalah: Latihan Membuat Pilihan, Pengungkapan Perasaan, Keterampilan Mengelola Emosi, dan Pemahaman Diri.

ABSTRACT

SELF CONCEPT OF XI GRADE STUDENTS OF STELLA DUCE 1 SENIOR HIGH SCHOOL YOGYAKARTA IN ACADEMIC PERIOD OF 2008/2009 AND ITS IMPLICATION TO THE PROPOSAL ON CLASSICAL GUIDANCE TOPICS

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This research was descriptive research that intended to: (1) find out the self concept of XI grade students of Stella Duce I Senior High School Yogyakarta in academic period of 2008/2009, and (2) find out the classical guidance topics that are appropriate to these students.

The populations of this research were the XI grade students of Stella Duce I Senior High School in academic period of 2008/2009 consisted of 145 students. The samples of this research were 139 students, i.e. XI IPS1 class (38 students), XI IPS2 class (38 students), XI IPS3 class (35 students), and XI IPA2 class (28 students).

The instrument used in this research was Questionnaire of Self Concept comprising of 60 item compiled by the author. The technique of data analysis in this research was conducted by mean calculating. Categorizations of self concept were positive and negative, whereas categorizations of item scores were high, average and low.

The results of this research are: (1) self concept of XI grade student of Stella Duce 1 Senior High School Yogyakarta in academic period of 2008/2009 are: 60 students (58%) have positive self concept, 44 students (42%) have negative self concept, and (2) the proposal on classical guidance topics that are appropriate to the students: Training to Make Choice, Expression of Feelings, Capability to Manage Emotion, and Self Comprehension.