

ABSTRAK

PROGRAM ACARA TELEVISI DAN LAMA WAKTU MENONTON TELEVISI PARA SISWA KELAS VIII SMP MARGANINGSIH MUNTILAN TAHUN PELAJARAN 2009/2010 DAN IMPLIKASINYA TERHADAP USULAN TOPIK-TOPIK BIMBINGAN KLASIKAL

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Penelitian ini bertujuan untuk mengetahui program acara televisi yang sering ditonton dan lama waktu menonton televisi para siswa kelas VIII SMP Marganingsih Muntilan Tahun Pelajaran 2009/2010.

Jenis penelitian yang digunakan dalam penelitian ini adalah penelitian deskriptif dengan metode survei. Subjek penelitian adalah seluruh siswa kelas VIII SMP Marganingsih Muntilan yang berjumlah 84 siswa. Alat pengumpul data yang digunakan adalah kuesioner perilaku menonton televisi. Kuesioner tersebut terdiri dari pernyataan-pernyataan tentang program acara televisi dan pertanyaan tentang lama waktu menonton televisi. Jumlah seluruh item yang digunakan sebanyak 25 butir item. Teknik analisis data yang digunakan adalah membuat interval kategori frekuensi dan menghitung rata-rata (mean).

Hasil penelitian adalah sebagai berikut: (1) Program acara televisi yang sering ditonton oleh para siswa kelas VIII SMP Marganingsih Muntilan Tahun Pelajaran 2009/2010 adalah Film Kartun dengan rata-rata skor frekuensi sebesar 3,15; Iklan Promosi dengan rata-rata skor sebesar 2,99; dan Film dengan rata-rata skor sebesar 2,98. (2) Lama siswa kelas VIII SMP Marganingsih Muntilan Tahun Pelajaran 2009/2010 menonton televisi dalam satu hari pada hari sekolah (hari Senin sampai dengan hari Sabtu) berkisar antara 0,42 jam sampai 13,83 jam dengan rata-rata sebesar 4,44 jam atau 4 jam 26 menit. Pada hari Minggu, lama responden menonton televisi berkisar antara 1 jam sampai 20 jam, dengan rata-rata 6,65 jam atau 6 jam 39 menit. Selama satu Minggu, lama responden menonton televisi adalah 26,63 jam atau 26 jam 37 menit. Topik-topik bimbingan klasikal bagi para siswa kelas VIII SMP Marganingsih Muntilan Tahun Pelajaran 2009/2010 adalah: Cerdas Menonton Televisi, Program Acara Televisi, Dampak Tayangan Televisi, Metode Belajar Yang Efektif dan Efisien, Mengisi Waktu Luang, Manajemen Waktu, Menentukan Prioritas, Waktu Yang Efektif Untuk Belajar.

ABSTRACT

THE TELEVISION PROGRAMS AND THE LENGTH OF THE TIME IN WATCHING THEM THAT USED BY THE EIGHTH GRADE STUDENTS OF MARGANINGSIH MUNILAN JUNIOR HIGH SCHOOL IN THE ACADEMIC YEAR OF 2009/2010 AND THEIR IMPLICATIONS IN THE CLASSICAL GUIDING PROPOSAL TOPICS

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The aim of this research is to get the description about the television programs which are usually watched by the eighth grade students of Marganingsih Muntilan Junior High School in academic year of 2009/2010 and to know the length of time the students have spent to watch the television programs.

The type of research that is used in the research is the description research with survey method. The subject of the research is all the eighth grade students of the Marganingsih Muntilan Junior High School which consist of 84 students. The research instrument to collect the data is the behavior questionnaire on watching the television. The questionnaire consists of some questions about television programs and the question about the length of time watching on television. In the questionnaire, there are 25 items which are 24 declaration and 1 question. The analyzing technique that is used is making frequency of interval category and calculating the average score (mean).

The results of the research are: (1) The television programs that are usually watched by the eighth grade students of Marganingsih Muntilan Junior High School in The Academic Year of 2009/2010 are cartoon movie with average score frequency point is 3,15; advertisements with average 2,99; and movies with average 2,98 (2) The length of time that the eighth grade students of Marganingsih Muntilan have spent on watching television in one effective school day of Marganingsih Muntilan Junior High School is probably 0,42 hour until 13,83 hours, with the average of 4,44 hours or 4 hours and 26 minutes in efective school day. On Sunday, the length of time they watch the television probably 1 hour until 20 hours, with the average or 6,65 hours or 6 hours and 39 minutes. For one week, the length of time that the respondence have spent to watch television is probably 0,86 hours until 14,71 hours with the average is 4,75 or 4 hours and 45 minutes everyday in a week. The topics of classical guiding for the eighth grade students of Marganingsih Muntilan Junior High School are Wise to Watch The Television, Television Programs, The Impact Of Television Programs, The Methods That Effective And Efficient In The Study, Filling The Leisure Time, Time Management, Determining The Priority, The Effective Time For Study.