

# PLAGIAT MERUPAKAN TINDAKAN TIDAK TERPUJI

## ABSTRAK

### **PROFIL KESEHATAN, MINAT TERHADAP PELAJARAN, CITA-CITA, DAN KEADAAN ORANGTUA SISWA DAN SISWI KELAS XI SMK PIUS X MAGELANG DAN IMPLIKASINYA TERHADAP USULAN TOPIK-TOPIK BIMBINGAN KARIR PADA TAHUN AJARAN 2010/2011**

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Penelitian ini merupakan penelitian deskriptif dengan metode dokumenter yang bertujuan untuk : (1) mendapatkan gambaran profil kesehatan, minat terhadap pelajaran, cita-cita, dan keadaan orangtua siswa kelas XI SMK Pius X Magelang dan (2) mengimplikasikan profil kesehatan, minat terhadap pelajaran, cita-cita, dan keadaan orangtua siswa terhadap usulan topik-topik bimbingan karir untuk siswa kelas XI SMK Pius X Magelang.

Subyek penelitian ini adalah siswa dan siswi kelas XI SMK Pius X Magelang tahun ajaran 2010/2011 berjumlah 120 orang yang terdiri dari 76 orang kelas XI Boga dan 44 orang kelas Busana. Instrumen yang digunakan untuk mendapatkan data dalam penelitian ini adalah Kartu Pribadi Siswa. Dalam Kartu Pribadi Siswa terdapat 4 ( empat ) aspek yang digunakan untuk studi dokumenter ini. aspek kesehatan, aspek minat terhadap pelajaran, aspek cita-cita dan aspek keadaan orangtua. Teknik analisi data dalam penelitian ini prosentase dan dituangkan dalam diagram pie.

Hasil penelitian menunjukkan bahwa: (1) Penyakit yang banyak diderita oleh siswa adalah penyakit maag (29%). Mayoritas pekerjaan orangtua siswa adalah buruh (30%). Mayoritas orangtua berpendidikan Sekolah Dasar (32%). Mayoritas siswa menginginkan dapat langsung bekerja se usai lulus dari SMK (71%). Mayoritas pilihan karier siswa jurusan Boga adalah bekerja di perhotelan (33%) dan di Rumah Sakit (28%). Mayoritas pilihan karier siswa jurusan Busana ingin berwiraswasta di bidang garmen (46%). Mayoritas minat mata pelajaran siswa jurusan Boga adalah pelajaran memasak (26%). Mayoritas minat mata pelajaran siswa jurusan Busana adalah pelajaran menjahit (21%). Mata pelajaran yang tidak disenangi oleh sebagian besar siswa jurusan Boga adalah pelajaran Matematika (36%) dan ilmu gizi (16%). Mata pelajaran yang tidak disenangi oleh sebagian besar siswa jurusan Busana adalah pelajaran Bahasa Inggris (29%), Bahasa Jawa (14%) dan membuat pola (14%); (2) usulan 4 (empat) topik bimbingan yaitu : Hidup sehat mulai saat ini akan menentukan hidupmu di masa mendatang, Mengenali hal-hal positif dalam diriku, Pengenalan macam-macam karier, dan Motivasi dalam mengejar impianku esok.

***ABSTRACT***

**A DESCRIPTIVE STUDY ON HEALTH PROFILES, INTEREST IN STUDIES, GOALS, AND PARENTS CONDITIONS OF THE ELEVENTH GRADE STUDENTS AT *SMKK PIUS X* MAGELANG AND THEIR IMPLICATIONS TOWARD THE SUGGESTED TOPICS RELATED TO CAREER GUIDANCE ACADEMIC YEAR 2010/2011**

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This study belonged to a descriptive study with a documentary methodology which aimed to: (1) obtain the description on health profiles, interest in studies, goals, and parents' conditions of the eleventh grade students at *SMKK Pius X* Magelang and (2) imply the health profiles, interest in studies, goals, and parents' conditions of the eleventh grade students at *SMKK Pius X* Magelang towards the suggested topics related to career guidance for the eleventh grade students at *SMKK Pius X* Magelang academic year 2010/2011.

The subjects of this research were the eleventh grade students at *SMKK Pius X* Magelang academic year 2010/2011 which consisted of 120 students, 76 of them were studying majored in culinary arts, and the rests 44 students were studying majored in fashion. The instrument used to obtain the data needed was the students' identity cards. In these cards, there were 4 (four) aspects used for the documentary analysis, i.e. health, interest in studies, goals and parents' conditions. The data analysis technique in this research was based on percentage and will be depicted in pie diagram.

The results of the study showed that: (1) the illness suffered by most students was gastric acid (29%), most of the students' parents were blue collar workers (30%), most of the students' parents graduated from elementary school (32%), most of the students wanted to get a job soon after they finish their study (71%), most of the students who were studying majored in culinary arts chose to work in hotels (33%) and hospitals (28%), most of the students who were studying majored in fashion wanted to run their own business in garment (46%), most of the students who were studying majored in culinary arts chose cooking as their favorite subject (26%) while the students who were studying majored in fashion chose sewing as their most favorite subject (21%). The subjects which were not interested by students majored in culinary arts were mathematics (36%) and science of nutrition (16%) while the students who were studying majored in fashion were not interested in English (29%), Javanese language (14%) and making patterns (14%). (2) The four suggested topics for career guidance are: living a healthy life from now on will be beneficial for one's future, knowing the positive aspects in oneself, understanding many things in career, and motivation in pursuing one's dream.