

# PLAGIAT MERUPAKAN TINDAKAN TIDAK TERPUJI

## ABSTRAK

### **EKSPLORASI RAGAM KEGIATAN MENGISI WAKTU LUANG PADA SISWA KELAS VIII SMP JOANNES BOSCO BACIRO YOGYAKARTA TAHUN AJARAN 2011/2012 DALAM IMPLIKASINYA TERHADAP PENYUSUNAN MODUL-MODUL BIMBINGAN PENGGUNAAN WAKTU LUANG**

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Penelitian ini bertujuan untuk mendeskripsikan ragam kegiatan pengisian waktu luang yang dilakukan siswa-siswi kelas VIII SMP Joannes Bosco Baciro Yogyakarta tahun ajaran 2011/2012 dan mengidentifikasi ragam kegiatan pengisian waktu luang yang dianggap penting namun masih langka dilakukan oleh para siswa kelas VIII SMP Joannes Bosco Baciro Yogyakarta ajaran 2011/2012 dalam implikasinya terhadap penyusunan modul bimbingan penggunaan waktu luang.

Jenis penelitian ini adalah penelitian deskriptif dengan metode survei, dengan populasi 82 siswa. Instrumen penelitian yang digunakan adalah kuesioner kegiatan waktu luang. Instrumen tersebut disusun oleh peneliti berdasarkan aspek-aspek ragam kegiatan mengisi waktu luang dan terdiri dari dua alternatif jawaban yaitu Urgensi kegiatan penting (P) dan tidak penting (TP) serta Frekuensi keterlaksanaan yaitu dilaksanakan (D) dan tidak dilaksanakan (TD). Teknik pengolahan data yang digunakan adalah skoring jawaban subyek, membuat tabulasi data dan menghitung total jawaban, menghitung rata-rata, mengelompokkan dan menampilkan hasil penelitian.

Hasil penelitian menunjukkan: ragam kegiatan pengisian waktu luang yang sering dilaksanakan oleh mayoritas siswa SMP Joannes Bosco Baciro Yogyakarta yaitu menonton TV (98,8%), sms-an (96,3%), mengerjakan PR (91,5%), main game (90,2%), dan doa makan (90,2%). Dari jumlah 78 item butir kegiatan pengisian waktu luang, terdapat (1) 18 butir kegiatan yang dianggap mayoritas siswa sebagai kegiatan penting namun tidak dilaksanakan, antara lain: membaca artikel, senam pagi, bela diri, membersihkan lantai kamar mandi, mengurus bak, mengepel lantai, menyuci baju, les bahasa Indonesia, les matematika, les fisika, les ekonomi, les tari jawa, les piano, les gitar, les drum, les vocal, les renang, pelayanan tempat ibadah; (2) 6 butir kegiatan yang dianggap mayoritas siswa kegiatan tidak penting namun dilaksanakan, antara lain; mendengarkan musik Jazz, membaca cerpen, membaca komik, menonton film di komputer, pacaran, jalan-jalan ke pusat perbelanjaan.

***ABSTRACT***

**EXPLORATION OF VARIOUS ACTIVITIES IN SPARE TIME/LEISURE  
TIME FILL IN CLASS VIII JOANNES BOSCO JUNIOR HIGH SCHOOL  
BACIRO YOGYAKARTA 2011/2012 ACADEMIC YEAR IN THE  
IMPLICATIONS OF THE COMPILATION OF GUIDANCE MODULES OF  
SPARE TIME/LEISURE**

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The purpose of this study was to describe the kind of activities taken by students of class VIII Joannes Bosco Junior High School Baciro Yogyakarta 2011/2012 academic year and identify the kind of activities in the spare time that were considered important but remains rare carried out by the students of class VIII Johannes Bosco Junior High School Baciro Yogyakarta 2011/2012 academic year due to the implication to the making of spare time/leisure guidance modules.

Descriptive study was conducted with a survey method, with a population of 82 students. Research instruments used were questionnaires spare time/leisure activities. The instrument was developed by researchers based on various aspects of spare time/leisure activities and consists of two alternative answers to the important activities of Urgency (P) and insignificant (TP) and. Execution frequency namely executed (D) & unexecuted (TD) Data processing techniques used were the subject of scoring the answers, making the tabulation of data and compute the total answer, calculate the average, classify and display the results of research.

The results showed: These are various activity of SMP Joannes Bosco Baciro Yogyakarta: watching television (98,8%), text messaging (91,5%), playing game (90,2%), and praying before eat (90,2%). The number of 78 items of activities, namely (1) 18 items of activities that were considered the majority of student activities are important but not implemented, among others: read the article, morning gymnastics, martial arts, cleaning the bathroom floor, drain the tub, mopping floors, wiping clothes, Indonesian language tutoring , math tutoring, physic tutoring , economic tutoring, Javanese dance lessons, piano lessons, guitar lessons, drum lessons, vocal lessons, swimming lessons, services, places of worship, (2) 6 items were considered the majority of student activities important but not implemented, among others, listening to Jazz music, reading short stories, reading comics, watching movies on the computer, going out, and go to the shopping center.