

ABSTRAK

HUBUNGAN KEGIATAN BIMBINGAN PARA SISWA DI SEKOLAH DENGAN PENYESUAIAN DIRI SISWA KELAS I DAN II SMU BOPKRI II YOGYAKARTA TAHUN 2001

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2001

Penelitian ini bertujuan memperoleh gambaran tentang hubungan pelayanan bimbingan siswa di sekolah dan penyesuaian diri siswa. Penelitian ini dilaksanakan karena penyesuaian diri siswa merupakan salah satu kebutuhan yang harus dipenuhi siswa ketika memasuki lingkungan pendidikan yang baru. Masalah yang diteliti adalah apakah kegiatan bimbingan di sekolah berhubungan dengan penyesuaian diri para siswa menurut pendapat siswa kelas I dan II SMU BOPKRI II Yogyakarta ?

Jenis penelitian ini adalah survei dengan menggunakan kuesioner penyesuaian diri di sekolah. Kuesioner ini terdiri dari 120 item. Item kuesioner dibagi dalam dua aspek yaitu aspek kegiatan bimbingan dan aspek penyesuaian diri. Kuesioner ini disebarakan kepada 100 siswa kelas I dan II SMU BOPKRI II

Yogyakarta tahun ajaran 2000/2001, meskipun yang terkumpul berjumlah 78 siswa. Hasil penelitian ini kemudian ditentukan reliabilitas dan validitasnya serta dilakukan uji hipotesis dengan teknik korelasi Product-Moment dari Pearson.

Hasil penelitian ini menunjukkan koefisien korelasi yang termasuk rendah (Garrett, 1967: 176). Meskipun demikian pengujian hipotesis menunjukkan ada korelasi yang signifikan antara kegiatan bimbingan di sekolah dengan kegiatan penyesuaian diri siswa di sekolah. Jadi, kegiatan bimbingan di sekolah tetap memberikan sumbangan terhadap penyesuaian diri siswa di sekolah, meskipun ada kegiatan-kegiatan lain yaitu kegiatan pengajaran, kegiatan pelatihan, kegiatan administrasi, serta tata tertib sekolah yang juga mendukung siswa dalam menyesuaikan diri di sekolah.

ABSTRACT

THE RELATIONSHIP BETWEEN CONSELLING ACTIVITY OF STUDENTS IN SCHOOL AND THE SELF-ADJUSTMENT OF FIRST AND SECOND GRADE STUDENT OF SMU BOPKRI II YOGYAKARTA IN THE YEAR 2001

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This research aimed to describe the relationship of counselling services in school for students' self-adjustment. This research was carried out because the students' self-adjustment has a need that must be fulfilled by the students when they entered a new educational environment. The problem examined is that whether the counselling activity in school has a relationship with students' self-adjustment, according to the opinions of the first and second grade students of SMU BOPKRI II Yogyakarta ?

This kind of research was a survey using questionnaires of self-adjustment in school. This questionnaires consisted of 120 items and divided into two aspects, namely aspect of counseling activity and aspect of self-adjustment. These questionnaires were given to 100 of first and second grade students of

SMU BOPKRI II Yogyakarta in academic year of 2000/2001, and only 78 students returned them. From the result of this questionnaire research, then the reliability and validity here determined and also there was a test of hypothesis using Product-Moment correlation technique from Pearson.

The result of the research showed that correlation coefficient in this research was low (Garrett, 1967: 176). Nevertheless, the hypothesis examination showed that there was a significant correlation between counseling activity in school and students' self-adjustment activity in school. So, counseling activity in school still contribute to the students' self-adjustment in school, eventhough there were other activities such as educations instructional activities, training activities, admistrations activities, and school's discipline which was also supporting the students in their self-adjustment in school.