

## **ABSTRAK**

### **DESKRIPSI TINGKAT KEMATANGAN KARIER MAHASISWA SEMESTER VIII PROGRAM STUDI BIMBINGAN DAN KONSELING UNIVERSITAS SANATA DHARMA YOGYAKARTA TAHUN AKADEMIK 2006/2007**

Oleh:  
**Silvanus Sri Bahagya**  
**NIM: 991114009**

Penelitian ini bertujuan untuk memberikan gambaran mengenai kematangan karier mahasiswa semester VIII Prodi BK USD Yogyakarta tahun akademik 2006/2007. Permasalahan yang dibahas dalam penelitian ini adalah: "Bagaimanakah tingkat kematangan karier mahasiswa semester VIII Program Studi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta tahun akademik 2006/2007?"

Jenis penelitian ini adalah penelitian deskriptif. Subjek penelitiannya adalah mahasiswa semester VIII Prodi BK USD tahun akademik 2006/2007, sebanyak 30 mahasiswa. Subjek penelitian telah menjalani Program Praktik Lapangan Bimbingan dan Konseling (PLBK), minimal di Sekolah Menengah Pertama (SMP). Instrumen penelitian yang digunakan adalah kuesioner kematangan karier mahasiswa prodi BK yang disusun oleh peneliti dengan berdasarkan konsep kematangan karier Donald Super. Instrumen ini mencakup enam aspek kematangan karier, yaitu: aspek kemandirian karier, perencanaan karier, eksplorasi karier, pengambilan keputusan karier, pengetahuan karier, dan realistiknya pilihan karier. Keenam aspek kematangan karier tersebut dijabarkan dalam item-item instrumen penelitian.

Hasil penelitian menunjukkan bahwa ada 3 mahasiswa (10%) yang memiliki tingkat kematangan karier sangat tinggi, 14 mahasiswa (46,67%) memiliki tingkat kematangan karier tinggi, 13 mahasiswa (43,33%) memiliki tingkat kematangan karier sedang, dan tidak ada mahasiswa (0%) yang memiliki tingkat kematangan karier rendah dan sangat rendah. Gambaran ini berarti bahwa mayoritas mahasiswa semester VIII Prodi BK USD Yogyakarta tahun akademik 2006/2007 telah memiliki tingkat kematangan karier tinggi.

## **ABSTRACT**

### **DESCRIPTION OF THE CAREER MATURITY LEVEL OF THE EIGHTH SEMESTER STUDENTS OF THE GUIDANCE AND COUNSELLING STUDY PROGRAM SANATA DHARMA UNIVERSITY YOGYAKARTA ACADEMIC YEAR 2006/2007**

By:  
**Silvanus Sri Bahagya**  
**Number: 991114009**

This research aimed at providing a description on the career maturity of the eighth semester students of the Guidance and Counselling Study Program of Sanata Dharma University Yogyakarta, Academic Year 2006/2007. The problem that was proposed to be answered: "At what level is the career maturity of the eighth semester students of the Guidance and Counselling Study Program of Sanata Dharma University Yogyakarta, Academic Year 2006/2007?"

The research could be categorized as a descriptive one; with the subject chosen 30 (thirty) eighth semester students of the Guidance and Counselling Study Program of Sanata Dharma University Academic Year 2006/2007. Those subjects have finished their Program of Guidance and Counselling Field Practice (PLBK) in some junior highs. The research instrument applied here was a career maturity level questionnaire prepared by the researcher based on the career maturity concept introduced by Donald Super. This instrument consisted of six aspects of career maturity, i.e. career autonomy, career planning, career exploration, career decision making, career knowledge, and how realistic that career option is. All these six aspects were then mapped into the items covered in the research instrument.

The result of this research showed 3 students (10%) as having very high level of career maturity, 14 students (46.67%) as having high level of career maturity, 13 students (43.33%) as having moderate level of career maturity, and no student (0%) as having low and lower level of career maturity. This figure meant that the majority of the eighth semester students of the Guidance and Counselling Study Program of Sanata Dharma University Academic Year 2006/2007 have already had a high level of career maturity.