

ABSTRAK

Katarina Kartika (2007) Hubungan pemenuhan kebutuhan berafiliasi dengan tingkat stres pada mahasiswi kost. Fakultas Psikologi Universitas Sanata Dharma.

Penelitian ini dilakukan untuk mengetahui hubungan pemenuhan kebutuhan berafiliasi dengan tingkat stres pada mahasiswi kost. Hipotesis yang diajukan yaitu ada hubungan negatif antara pemenuhan kebutuhan berafiliasi dengan tingkat stres pada mahasiswi kost.

Subjek dalam penelitian ini berjumlah 71 mahasiswi tingkat satu, dua dan tiga, yang berusia 18-21 tahun, tinggal di kost, frekuensi pulang ke rumah orangtua paling cepat dua minggu sekali. Pengumpulan data dilakukan melalui penyebaran skala pemenuhan kebutuhan berafiliasi dan skala tingkat stres yang telah diuji validitas dan reliabilitasnya.

Hasil analisis data dengan menggunakan teknik korelasi *product moment* dari *Pearson*, menunjukkan bahwa ada hubungan negatif antara pemenuhan kebutuhan berafiliasi dan tingkat stres pada mahasiswi kost. Artinya semakin terpenuhi kebutuhan berafiliasi subjek, tingkat stresnya semakin rendah, begitu pula sebaliknya.

ABSTRACT

Katarina Kartika (2007) Correlation between the fulfillment of the affiliation needs and stress level at board women university students. Faculty of Psychology of Sanata Dharma University.

This research was performed to find out the correlation between the fulfillment of the affiliation needs and stress level at board women university students. The hypothesis tested whether there was a negative correlation between the fulfillment of the affiliation needs and stress level at board women university students.

The subjects of the research was 71 subjects, whose the age were about 18-21 years old, women university student at one, two, three level, and stayed in board, the minimum frequency they return to their parent's house was once for two weeks. Data collection had been tested for their item reliability and validity through a pre research.

Result of data analysis by correlation technique from Pearson explained that there was a negative significant correlation between the fulfillment of the affiliation needs and stress level at board women university students. It was mean more and more fulfilled the affiliation needs of subjects, more and more low their stress level, and so just the opposite.