

ABSTRAK

BENTUK-BENTUK KOMPENSASI INFERIORITAS TOKOH NAYLA DALAM NOVEL *NAYLA* KARYA DJENAR MAESA AYU (SUATU TINJAUAN PSIKOLOGI SASTRA)

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Penelitian ini mengkaji bentuk kompensasi inferioritas tokoh Nayla dalam novel *Nayla*. Pendekatan yang digunakan adalah pendekatan psikologi sastra. Dengan pendekatan ini dapat diketahui bahwa bentuk-bentuk kompensasi yang dilakukan manusia (tokoh) diakibatkan oleh pengalaman yang pernah dialami pada masa lalu.

Metode yang digunakan dalam penelitian ini adalah metode deskriptif. Adapun langkah konkret yang ditempuh peneliti adalah pertama, menganalisis novel *Nayla* secara struktural, yaitu analisis terhadap tokoh dan penokohan serta latar. Kedua, menggunakan analisis pertama untuk menemukan bentuk-bentuk kompensasi inferioritas tokoh Nayla.

Dari hasil analisis novel *Nayla* dapat disimpulkan bahwa tokoh utamanya adalah Nayla. Tokoh bawahan dalam novel *Nayla* adalah ibu Nayla, ayah Nayla, ibu tiri Nayla, Bu Lina dan Juli. Novel *Nayla* berlatar tempat di diskotek, Rumah Perawatan Anak Nakal dan Narkoba, kamar kos Nayla, hotel, dan terminal. Latar waktu dalam novel *Nayla* dibagi menjadi dua, yaitu latar waktu berdasarkan pagi, siang, sore, malam dan latar waktu berdasarkan hari, bulan dan tahun. Sedangkan latar sosialnya dapat dilihat melalui keadaan kehidupan keluarga dan keadaan masyarakatnya.

Dari hasil analisis secara psikologis ditemukan bahwa tokoh Nayla melakukan berbagai bentuk kompensasi sebagai akibat dari perasaan inferioritas yang dialaminya saat tinggal bersama ibu kandungnya yaitu berupa kurangnya perhatian dan kasih sayang, kekerasan fisik yang sering dialami tanpa alasan yang jelas dan pelecehan seksual yang dilakukan oleh kekasih ibunya. Perasaan inferioritas yang disebabkan karena kematian ayahnya yang mendadak membuat Nayla tertekan dan perubahan sikap pada dirinya membuat ibu tirinya memutuskan untuk memasukkan Nayla ke dalam Rumah Perawatan anak Nakal dan Narkotika dengan tuduhan telah memakai obat-obatan terlarang.

Bentuk kompensasi yang dilakukan Nayla berdasarkan perasaan inferioritas yang dialaminya yaitu Nayla memilih hidup mandiri. Nayla bekerja sebagai pengatur lampu sekaligus penari latar di sebuah diskotek. Untuk mendapatkan kasih sayang yang tidak pernah peroleh saat tinggal bersama ibunya Nayla melakukan seks bebas dengan lawan jenis maupun dengan sesama jenisnya. Nayla juga menulis beberapa cerita pendek berdasarkan pengalaman dan pengetahuan yang dimilikinya. Cerpen yang ditulisnya tersebut membuat nama Nayla menjadi seorang penulis cerpen terkenal.

ABSTRACT

INFERIORITY COMPENSATION FORMS OF NAYLA'S CHARACTER FROM THE NOVEL "NAYLA" BY DJENAR MAESA AYU (THE PSYCHOLOGICAL LITERARY STUDIES)

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This thesis examines a compensation of the inferiority of Nayla's character from the novel titled *Nayla*. The approach that was used in this research was the psychological literature. Through this approach, there are several kinds of compensation forms, which were found, done by the people (the characters) were caused by some experiences which they had in the past.

The method used in this research is that a descriptive method. Therefore, the first real step taken by the researcher was analyzing *Nayla* novel structurally; means that analyzed the characters, the characterization, and also the setting. Secondly, using the first analyze to find the compensation forms of the inferiority of Nayla's character.

From the analysis result of *Nayla* novel, it can be concluded that the main character in that novel is Nayla. The minor characters in *Nayla* novel is Nayla's parents (mom and dad), Nayla's step mother, Bu Lina and Juli. The setting of this novel is the discotic, the rehabilitation, Nayla's rent room, the hotel, and the bus station. The setting of time in this novel is divided into two major setting. The first major time setting is based on the morning, noon, evening and night time. The second one is according to the day, month, and year. Meanwhile, the social setting can be seen through the family and society situations of life.

Psychologically, it was found out from the analysis result that Nayla's character does various compensation as the result of her inferiority feeling that she experienced during her time with her biological mother. Nayla often gets physical violence in the form of detention, pressure and the lack of affection from her own mother. Nayla also ever experienced sexual harassment and abuse did by her mother lover. This inferiority feeling also being experienced by Nayla when suddenly she lost her father for good and the changing of her behavior because of being depressed make her step mother send her away to the rehabilitation center, since Nayla has been accused of using illegal drugs. The form of her compensation based on her inferiority feeling is that she chooses to stand on her own feet. When she lives alone, Nayla works as the lighting crew and a dancer in a discotic. In order to gain some affection which she never gets during her time with her parent, Nayla satisfies her desire by having a promiscuous behavior with male and female partners. Nayla also writes some short stories based on her life experiences and knowledge. The short story that she wrote makes her, Nayla, become a famous short story writer, and her life altered become much better than before.