

ABSTRACT
THE MENTAL HEALTH OF LESBIAN IN YOGYAKARTA ACCORDING
TO GORDON ALLPORT THEORY OF PERSONALITY

Ni Putu Sri Damayanti
009114068
Psychology Faculty
Sanata Dharma University
Yogyakarta
2005

The Writer interested to study lesbian's mental health, because as far as writer know that still a lot of pro and contra for existence of lesbian in the middle of heterocentris society, so that can influence the lesbian's mental health level. In this research, writer uses the method of self report, interview, observation, interview the significant others and the Rorschach test, with the data intake that goes on from 27th October 2004 until 26th May 2005. This research involve three lesbian women which living in Yogyakarta, who are chosen based on snowball sampling from their willingness to have a cooperation.

From the data, the writer has got the discussion about their lives and the writer concludes that: *first*, early experience and relation with mother had a great influence to the quality of lesbian's mental health, *second*, the objectivity of perception influence the overall of self growth especially her mental health, *third*, the correct coming out process can strengthen the self objectification and emotional security subject, *fourth*, subject having a purpose toward future tend to more adaptive, *fifth*, target owned to influence the work meaning for subject, *sixth*, lesbian's mental health also influence by cultural social condition, *seventh*, support from part of family and society very meaning to the make-up of mental health quality of lesbian.

From the above conclusion, hence writer suggest for lesbian: *first*, can lay open the coming out process correctly so that they have the strong identity and can braid the good relation with the society, *second*, comprehending and behaving openly to society and not do the matter which can make worse the self image as lesbian. For society: *first*, need the existence of the forwarding of real correct information at society about lesbian, *second*, society expected able to realize and accept the existence of lesbian, *third*, family shall can accept and support the existence of lesbian. For the academic: *first*, it should be held the further social and psychology research about the existence of lesbian and also its life condition in broad society.