

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan konflik peran gender laki-laki dengan mekanisme pertahanan psikologis. Hipotesis yang diajukan adalah ada hubungan positif antara konflik peran gender laki-laki dengan mekanisme pertahanan psikologis.

Subyek penelitian adalah 92 orang laki-laki dengan rentang umur 18-24 tahun. Data dikumpulkan dengan menggunakan GRCS-I (Gender Role Conflict Scale-I) dan DSQ-40 (Defense Style Questionnaire-40). Seleksi aitem berdasarkan kriteria korelasi aitem total yaitu $r \geq 0,30$. Estimasi reliabilitas dihitung dengan menggunakan koefisien Alpha Cronbach (α) dan diperoleh reliabilitas GRCS-I sebesar $\alpha = 0,892$ dan untuk DSQ sebesar $\alpha = 0,922$.

Pengujian hipotesis dilakukan dengan metode korelasi *product moment* Pearson. Dari hasil pengujian diperoleh nilai $r = 0,397$, $p=0,000$. Hasil penelitian menunjukkan bahwa ada hubungan positif antara konflik peran gender laki-laki dengan mekanisme pertahanan psikologis.

Kata kunci: feminin, maskulin, konflik peran gender, mekanisme pertahanan psikologis

ABSTRACT

The purpose of this study was to examine the relationship between male gender role conflict and psychological defense mechanism. The author hypothesized that male gender role conflict would be positively related to psychological defense mechanism.

Subjects for this research were 92 men which is ranging in age from 18 to 24 years. Data were collected using Gender Role Conflict Scale-I and Defense Style Questionnaire. Item selection based on criteria of item-total correlation which is $r \geq 0,30$. Estimation of reliability calculated by using Alpha Cronbach coefficient and confirmed that GRCS-I reliability was $\alpha = 0,892$ and DSQ-40 was $\alpha = 0,922$.

Hypothesis tested using Pearson product moment correlation. According to the result of hypothesis testing, it was recognized that $r = 0,397$, $p=0,000$. Results indicated that male gender role conflict is positively related to psychological defense mechanism.

Keywords: feminine, masculine, gender role conflict, psychological defenses