

***THE RELATIONSHIP BETWEEN SELF-ESTEEM AND  
BINGE DRINKING RISK BEHAVIOR IN ADOLESCENTS***

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***ABSTRACT***

*This research aimed to examine the relationship between self-esteem and binge drinking risk behavior in adolescents. The proposed hypothesis is that there is a negative and significant correlation between self-esteem and binge drinking risk behavior. The subjects were 60 outer-province college students aged seventeen to twenty-five year old, consisting of twenty-eight females and thirty-two males. The sampling technique used purposive sampling. The data were collected by self-esteem scale and binge drinking scale. The data were analyzed employing Spearman Rank correlation technique. The correlation coefficient  $r = - 0.275$ ,  $p = 0.017$  (one-tailed significance), which means  $<0.05$ . The result shows that the research hypothesis proved that there is a negative and significant relationship between self-esteem and binge drinking risk behavior in adolescents.*

*Keywords: adolescents, self-esteem, risk behavior, binge drinking, purposive sampling, spearman rank*

**HUBUNGAN ANTARA *SELF-ESTEEM* DAN PERILAKU BERISIKO  
*BINGE DRINKING* PADA REMAJA RANTAU**

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**ABSTRAK**

Penelitian korelasional ini bertujuan untuk mengetahui hubungan antara *self-esteem* dan perilaku berisiko *binge drinking* pada remaja rantau. Hipotesis menyatakan ada hubungan yang negatif dan signifikan antara *self-esteem* dan perilaku berisiko *binge drinking*. Subjek penelitian adalah 60 orang mahasiswa perantau berusia 17 sampai 25 tahun, terdiri dari 28 perempuan dan 32 laki-laki. Pemilihan subjek melalui teknik *purposive sampling*. Data dikumpulkan dengan menggunakan skala *self-esteem* dan skala *binge drinking*. Analisis data memanfaatkan teknik korelasi *Spearman Rank*. Hasil analisis menunjukkan koefisien korelasi  $r = -0,275$  dengan nilai  $p = 0,017$  (signifikansi *one-tailed*) yang berarti nilai  $p < 0,05$ . Hasil menunjukkan adanya hubungan negatif dan signifikan antara *self-esteem* dan perilaku berisiko *binge drinking* pada remaja rantau.

Kata kunci: remaja, *self-esteem*, perilaku berisiko, *binge drinking*, *purposive sampling*, *spearman rank*