

PLAGIAT MERUPAKAN TINDAKAN TIDAK TERPUJI

Kecemasan Kematian ditinjau dari Kepercayaan dan Nilai Religius/Spiritual dan Pengalaman Spiritual Sehari-hari pada Mahasiswa Fakultas Psikologi Universitas Sanata Dharma Yogyakarta

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ABSTRAK

Penelitian ini bertujuan untuk menjelaskan hubungan antara pengalaman spiritual sehari-hari dan kepercayaan dan nilai religius dan spiritual dengan kecemasan kematian. Penelitian memiliki dua hipotesis, yaitu ada hubungan negatif antara pengalaman spiritual sehari-hari dengan kecemasan kematian dan ada hubungan negatif antara kepercayaan dan nilai religius/spiritual dengan kecemasan kematian. Subjek dalam penelitian ini adalah 69 mahasiswa aktif Fakultas Psikologi Universitas Sanata Dharma yang diambil dengan menggunakan teknik *convenience sampling*, yang dilakukan di kampus Fakultas Psikologi Universitas Sanata Dharma. Metode pengumpulan data dalam penelitian ini dilakukan menggunakan tiga alat ukur yaitu Skala Daily Spiritual Experience Short Form, Skala Belief and Values Short Form dan Threat Index. Uji coba skala menghasilkan koefisien reliabilitas pada Skala Daily Spiritual Experience Short Form sebesar 0,868, Skala Belief and Values Short Form sebesar 0,597 dan Threat Index sebesar 0,94. Data hasil penelitian dianalisis dengan menggunakan teknik korelasi product moment Pearson, dan hasilnya tidak ada hubungan antara pengalaman spiritual sehari-hari dengan kecemasan kematian, dan tidak ada hubungan antara kepercayaan dan nilai religius dan spiritual dengan kecemasan kematian.

Kata kunci : *Pengalaman Spiritual Sehari-hari, Kepercayaan dan Nilai Religius/Spiritual, Kecemasan Kematian*

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Death Anxiety observed by Religious/Spiritual Belief and Value, and Daily Spiritual Experience in College Student of Psychology Faculty of Sanata Dharma University

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ABSTRACT

The objective of this research was to find out the correlation between daily spiritual experience, religious/spiritual belief and value and death anxiety. Two hypothesis proposed in this research were negative correlations between daily spiritual experience with death anxiety and negative correlations between religious/spiritual belief and value with death anxiety. The subjects in this research were 69 Psychology students of Sanata Dharma University that were acquired by convenience sampling technique at Faculty of Psychology Sanata Dharma University. Data of this research were collected by Daily Spiritual Experience Scale Short Form, Belief and Values Scale Short Form dan Threat Index Scale. The DSES short form scale has reliability coefficient of 0,868; The BAVS Short Form has reliability coefficient of 0,597; and the TIS has reliability coefficient of 0,94. Research result data were analyzed by product moment Pearson correlation. The results show that there was no correlation between daily spiritual experience and death anxiety, and there was no correlation between religious/spiritual belief and value and death anxiety.

Key Word: *Daily spiritual experience, Religious/spiritual belief and value, death anxiety*