

HUBUNGAN ANTARA *ADVERSITY QUOTIENT* DAN CINDERELLA COMPLEX PADA WANITA KARIER YANG MENIKAH

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ABSTRAK

Tujuan penelitian ini adalah untuk melihat hubungan antara *Adversity Quotient* dan Cinderella Complex pada wanita karier yang menikah. Subjek penelitian adalah 68 orang karyawan PT. Mondrian, Klaten. Kriteria subjek penelitian adalah wanita karier yang bekerja sebagai karyawan di PT. Mondrian, berusia 23-40 tahun, dan berstatus menikah. Alat ukur dalam penelitian ini adalah Skala *Adversity Quotient* dan Skala Cinderella Complex. Analisa data dalam penelitian ini menggunakan *SPSS for Windows* versi 14.00. Skala *Adversity Quotient* memiliki nilai reliabilitas (α) sebesar 0,870 dan Skala Cinderella Complex memiliki nilai reliabilitas (α) sebesar 0,889. Hal ini menunjukkan bahwa reliabilitas kedua alat ukur ini tinggi. Pengujian hipotesis untuk melihat hubungan kedua variabel adalah *Product-Moment Pearson*. Hasil penelitian menunjukkan adanya korelasi negatif yang signifikan antara *Adversity Quotient* dan Cinderella Complex. Hasil ini ditunjukkan oleh koefisien korelasi $r_{xx} = -0,640$ dengan koefisien signifikansi $p = 0,00$, $p < 0,05$. Berdasarkan penjelasan di atas maka dapat disimpulkan bahwa terdapat hubungan negatif yang signifikan antara *Adversity Quotient* dan Cinderella Complex.

Kata Kunci : *Adversity Quotient*, Cinderella Complex, wanita karier yang menikah

THE CORRELATION BETWEEN ADVERSITY QUOTIENT AND CINDERELLA COMPLEX IN MARRIED BUSINESS WOMEN

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ABSTRACT

The aim of this research is to look out at the correlation between Adversity Quotient and Cinderella Complex in married business women. The research subject is 68 workers in PT. Mondrian, Klaten. The subject criterion is business women who work at PT. Mondrian, whose age between 23-40 years old, and who have already married. The measure tools in this research are Adversity Quotient scale and Cinderella Complex scale. The data analysis used in this research is SPSS for Windows version 14.00. The reliability value for the Adversity Quotient scale (α) is 0,870 and the reliability value for the Cinderella Complex scale (α) is 0,889. This shows that the reliabilities of these two measurement tools are high. The hypothesis testing to see the correlation between these two variables is Product-Moment Pearson. The result shows that there is a significant negative correlation between Adversity Quotient and Cinderella Complex. This result is shown by correlation $r_{xx} = -0,640$ with p significant coefficient = 0,00, $p < 0,05$. Based on the explanation above, we can conclude that there is a significant negative correlation between Adversity Quotient and Cinderella Complex.

Key Words : Adversity Quotient, Cinderella Complex, married business women