HUBUNGAN ANTARA
KECENDERUNGAN KEPRIBADIAN EKSTRAVERT
DAN *SUBJECTIVE WELL-BEING* PADA REMAJA AKHIR

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui apakah ada hubungan antara kecenderungan kepribadian ekstravert dan *subjective well-being*. Subyek dalam penelitian ini adalah mahasiswa-mahasiswi Universitas Sanata Dharma yang berusia 18-22 tahun dengan karakteristik remaja akhir yang berjumlah 100 mahasiswa. Hipotesis yang diajukan adalah ada hubungan positif antara kecenderungan kepribadian ekstravert dan *subjective well-being* pada remaja akhir. Pengumpulan data dalam penelitian ini menggunakan metode skala modifikasi dari skala model Likert yang terdiri dari dua bagian, yaitu: 1) Skala kecenderungan kepribadian ekstravert, 2) Skala *subjective well-being*. Skala kecenderungan kepribadian ekstravert memiliki koefisien reliabilitas *Alpha Cronbach* sebesar 0,869 dari 30 aitem. Skala s*ubjective well-being* memiliki koefisien reliabilitas *Alpha Cronbach* sebesar 0,920 dari 48 aitem. Analisis data dilakukan dengan menggunakan analisis *Product Moment Pearson*. Hasil penelitian menunjukkan adanya hubungan yang positif antara tipe kepribadian ekstravert-introvert dan *subjective well-being*. (r = 0,550 dengan p = 0,000; p < 0,01)

Kata kunci: kepribadian ekstravert, *subjective well-being*, remaja akhir.

THE CORRELATION BETWEEN
EXTRAVERT PERSONALITY TENDENCY
AND SUBJECTIVE WELL-BEING IN LATE ADOLESCENTS

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ABSTRACT

The aim of this research was to find out the positive correlation between extravert personality tendency and subjective well-being in late adolescents. The subjects are 100 students of Sanata Dharma University who has characteristic late adolescents. The ages of subjects are about 18-22 years old. The proposed hypothesis is as follow there is a positive relationship between extravert personality tendency and subjective well-being in late adolescents. The data collected in this research was conducted two scales using modification scale from Likert scale model. First, the extravert personality tendency scale. Second, the subjective well-being scale. The reliability of extravert-introvert personality types scale tested by using reliability coefficient Alpha Cronbach and obtained result for 0,869 of 30 items. The reliability coefficient Alpha Cronbach for subjective well-being scale was 0,920 of 48 items. The research data were analyzed using Pearson's Product Moment analysis. The result showed that there was a positive correlation between extravert-introvert personality types and subjective well-being (r coefficient was 0,550 with p=0,000; p < 0,01).

Keywords: extravert personality, subjective well-being, late adolescents.