ABSTRAK

PERAN DUKUNGAN SOSIAL PASANGAN TERHADAP INTENSI
BERHENTI MEROKOK

Betty Setika Purnaningrum
Universitas Sanata Dharma
Yogyakarta
2008

Penelitian ini bertujuan untuk mencari hubungan antara dukungan sosial pasangan dengan intensi berhenti merokok. Penelitian dilakukan pada 60 pria perokok yang ingin berhenti merokok, sudah menikah, berusia 25-30 tahun, dan pasangan wanita bermasalah dengan kebiasaan merokok pasangannya. Hipotesis yang diajukan adalah ada hubungan positif antara dukungan sosial pasangan dengan intensi berhenti merokok. Data penelitian diungkap dengan skala dukungan sosial pasangan yang mempunyai reliabilitas 0.961 dan skala intensi berhenti merokok yang mempunyai reliabilitas 0.947. Analisis data dilakukan dengan korelasi *Pearson Product Moment*. Hasil penelitian menunjukkan korelasi sebesar 0.563, p = 0.000 (p<0.001), yang berarti ada hubungan positif yang signifikan antara dukungan sosial pasangan dengan intensi berhenti merokok pada taraf signifikasi 1 %.

ABSTRACT

THE ROLE OF COUPLE'S SOCIAL SUPPORT TOWARDS THE INTENTION TO STOP SMOKING

Betty Setika Purnaningrum
Universitas Sanata Dharma
Yogyakarta
2008

This research was keen to find out whether a correlation exists between a social support from the couple and the intention to stop smoking. This research had done to 60 smokers who wish to stop smoking. Subjects are married man, aged 25-30 years old, having a wife who is bothered by his smoking habit. The hypothesis was that there is a positive correlation between the social support from the couple and the intention to stop smoking. The data was revealed by the scale of social support from couple with the reliability 0.961 and the intention to stop smoking scale was 0.947. The data was analyzed with Pearson Product Moment Correlation. The correlation coefficient that was shown by the result was 0.563, p = 0.000 (p< 0.001). It means that there is a significant positive correlation between social support from the couple and the intention to stop smoking at 1% significant level.