

# **HUBUNGAN ANTARA DUKUNGAN SOSIAL YANG DIPERSEPSIKAN DAN HARGA DIRI REMAJA**

*Hermin Kali Ada'*

## **ABSTRAK**

Penelitian kuantitatif korelasional ini bertujuan untuk mengetahui hubungan antara dukungan sosial yang dipersepsikan dan harga diri remaja. Hipotesis yang diajukan adalah ada hubungan positif dan signifikan antara dukungan sosial yang dipersepsikan dan harga diri remaja. Subyek penelitian terdiri dari 97 siswa SMA BOPKRI 2 Kelas 2 yang dipilih secara purposive. Data dikumpulkan dengan Skala Dukungan sosial yang dipersepsikan dan Skala Harga Diri. Uji validitas Skala Dukungan sosial yang dipersepsikan menunjukkan 69 item valid dengan koefisien reliabilitas sebesar 0,964. Uji validitas Skala Harga Diri menunjukkan 97 item valid dengan koefisien reliabilitas sebesar 0,971. Data dianalisis dengan analisis korelasi pearson product moment. Hasil analisis memperlihatkan koefisien korelasi ( $r = 0,604$  dengan  $p = 0,000$  ( $p < 0,01$ )). Hasil ini menunjukkan bahwa hipotesis diterima, artinya ada hubungan positif dan signifikan antara dukungan sosial yang dipersepsikan dan harga diri remaja.

Kata Kunci: dukungan sosial yang dipersepsikan, harga diri, remaja

# **THE CORRELATION BETWEEN PERCEIVED SOCIAL SUPPORT AND ADOLESCENT'S SELF ESTEEM**

*Hermin Kali Ada'*

## **ABSTRACT**

*This quantitative correlational research aims to investigate the correlation between perceived social support and adolescent's self-esteem. The hypothesis was there is a significant positive correlation between perceived social support and adolescent's self-esteem. The purposively selected subjects of this research were 97 second year students of BOPKRI 2 High School. Data were collected with the Perceived Social Support Scale and Self-Esteem Scale. Perceived Social Support Scale validity test showed there were 69 valid items with reliability coefficient of 0.964. Self Esteem Scale validity test showed there were 97 valid items with reliability coefficient of 0.971. Data were analyzed using pearson product moment correlation analysis. Results of analysis show correlation coefficient ( $r$ ) = 0.604 and  $p = 0.000$  ( $p < 0.01$ ). These results showed that hypothesis was accepted. It meant that there is a significant positive correlation between perceived social support and adolescent's self-esteem.*

*Keyword: perceived social support, self esteem, adolescence*