

HUBUNGAN ANTARA DIMENSI KEPRIBADIAN *BIG FIVE* DENGAN TINGKAT *BURNOUT* PADA PERAWAT IGD RUMAH SAKIT DI YOGYAKARTA

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ABSTRAK

Penelitian ini bertujuan untuk menguji hubungan antara dimensi kepribadian *Big Five* dengan tingkat *burnout* pada perawat IGD rumah sakit di Yogyakarta. Dimensi kepribadian *big five* terdiri dari *extraversion*, *agreeableness*, *conscientiousness*, *emotional stability*, dan *openness to experience*. Subyek penelitian berjumlah 38 perawat IGD dari Rumah Sakit Panti Nugroho dan Rumah Sakit Panti Rapih. Pemilihan subyek menggunakan teknik *purposive sampling* dan dua skala pengukuran model Likert, yaitu skala *burnout* dan skala *big five*. Reliabilitas pada skala *burnout* adalah 0,953. Sedangkan reliabilitas pada masing-masing skala *big five* adalah dimensi *extraversion* sebesar 0,867, *agreeableness* sebesar 0,808, *conscientiousness* sebesar 0,920, *emotional stability* sebesar 0,923 dan *openness to experience* sebesar 0,867. Pengujian hipotesis menggunakan analisis regresi. Hipotesis pada penelitian ini adalah 1) *extraversion* berhubungan negatif dengan tingkat *burnout* pada perawat IGD, 2) *agreeableness* berhubungan negatif dengan tingkat *burnout* pada perawat IGD, 3) *conscientiousness* berhubungan negatif dengan tingkat *burnout* pada perawat IGD, 4) *emotional stability* berhubungan negatif dengan tingkat *burnout* pada perawat IGD, dan 5) *openness to experience* berhubungan negatif dengan tingkat *burnout* pada perawat IGD. Hasil analisis data menunjukkan bahwa *extraversion* tidak berhubungan dengan tingkat *burnout* ($\beta = -0,149$; $p=0,427$), *agreeableness* tidak berhubungan dengan tingkat *burnout* ($\beta=0,897$; $p=0,227$), *conscientiousness* tidak berhubungan dengan tingkat *burnout* ($\beta=-0,246$; $p=0,585$), *emotional stability* tidak berhubungan dengan tingkat *burnout* ($\beta=0,098$; $p=0,844$), dan *openness to experience* tidak berhubungan dengan tingkat *burnout* ($\beta=-0,196$; $p=0,103$).

Kata Kunci: dimensi kepribadian *big five*, *burnout*, *extraversion*, *agreeableness*, *conscientiousness*, *emotional stability*, *openness to experience*

**THE CORRELATION CORRELATION BETWEEN BIG FIVE
PERSONALITY DIMENSIONS AND BURNOUT LEVEL IN HOSPITALS'
EMERGENCY NURSES AT YOGYAKARTA**

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ABSTRACT

This research aimed to examine the relationship between big five personality dimensions and burnout level in Hospitals' emergency nurses at Yogyakarta. Big five personality dimensions consist of extraversion, agreeableness, conscientiousness, emotional stability, and openness to experience. 38 people at Panti Nugroho Hospital and Panti Rapih Hospital were the subjects in this research. Selection of subject used a purposive sampling technique and two Likert scale of measurement models, the burnout scale and the big five personality scale. The result of reliability on the burnout scale was 0.953. While the reliability of each dimension of big five scale was 0.867 for extraversion, 0,808 for agreeableness, 0.920 for conscientiousness, 0,923 for emotional stability dimension, and 0.867 for openness to experience. Hypothesis test used regression analysis. The hypothesis purposed in this research was 1) extraversion has a negative correlation with burnout level in emergency, 2) agreeableness has a negative correlation with burnout level in emergency, 3) conscientiousness has a negative correlation with burnout level in emergency, 4) emotional stability has a negative correlation with burnout level in emergency, and 5) openness to experience has a negative correlation with burnout level in emergency The results of data analysis showed that the dimensions of extraversion hasn't a significant correlation with the level of burnout ($\beta = -0,149$; $p = 0,427$), agreeableness hasn't a significant correlation with the level of burnout ($\beta = 0,897$; $p = 0,227$), conscientiousness hasn't a significant correlation with the level of burnout ($\beta = -0,246$; $p = 0,585$), emotional stability hasn't a significant correlation with the level of burnout ($\beta = 0,098$; $p = 0,844$), and the dimension of openness to experience hasn't a significant correlation with the level of burnout ($\beta = -0,196$; $p = 0,103$).

Keywords: dimension of big five personality, burnout, extraversion, agreeableness, conscientiousness, emotional stability, openness to experience