

**PERBEDAAN PROKRASTINASI AKADEMIK ANTARA MAHASISWA  
ETNIS JAWA DAN CINA**

*Angela Merici Devitha Adi*

**ABSTRAK**

Penelitian ini bertujuan untuk melihat perbedaan prokrastinasi akademik antara mahasiswa etnis Jawa dan Cina. Hipotesis yang diajukan adalah prokrastinasi akademik mahasiswa etnis Jawa lebih tinggi daripada mahasiswa etnis Cina. Subyek dalam penelitian ini adalah 160 orang yang terdiri dari 80 mahasiswa etnis Jawa dan 80 mahasiswa etnis Cina dengan rincian 87 mahasiswa laki-laki dan 73 mahasiswa perempuan. Pengumpulan data yang digunakan yaitu dengan menggunakan skala prokrastinasi akademik yang disusun oleh peneliti dengan menggunakan metode jawaban Likert. Reliabilitas skala prokrastinasi akademik tersebut diuji dengan menggunakan metode koefisien reliabilitas *Alpha Cronbach* dan diperoleh hasil 0,945 dari 53 item dengan rentang korelasi item total antara 0,328 sampai dengan 0,679. Data kemudian dianalisis dengan menggunakan *independent sample t-test*. Hasil analisis data menghasilkan nilai  $t$  sebesar 4,341 ( $p < 0,025$ ). Artinya hipotesis diterima bahwa prokrastinasi akademik mahasiswa etnis Jawa lebih tinggi daripada mahasiswa etnis Cina. Pada uji tiap tipe prokrastinasi akademik didapatkan nilai  $t = 4,585$  ( $p < 0,025$ ) pada tipe *intention delay*, nilai  $t = 4,592$  ( $p < 0,025$ ) pada tipe *behavior delay*, nilai  $t = 3,513$  ( $p < 0,025$ ) pada tipe *intention-behavior discrepancy*, dan nilai  $t = 3,311$  ( $p < 0,025$ ) pada aspek *shift to other activities*. Nilai tersebut menunjukkan ada perbedaan prokrastinasi akademik antara mahasiswa etnis Jawa dan Cina yang terletak pada tipe *intention delay*, *behavior delay*, *intention-behavior discrepancy*, dan *shift to other activities*.

Kata kunci : prokrastinasi akademik, mahasiswa etnis Jawa, mahasiswa etnis Cina

**THE DIFFERENCE OF ACADEMIC PROCRASTINATION BETWEEN  
JAVANESE UNIVERSITY STUDENTS AND CHINESE UNIVERSITY  
STUDENTS**

*Angela Merici Devitha Adi*

**ABSTRACT**

*This research was aimed to seek for the difference of academic procrastination between Javanese university students and Chinese university students. The hypothesis was proposed that the academic procrastination between Javanese university students was higher than Chinese university students. Subject of this research is 160 people, which consists of 80 Javanese university students and 80 Chinese university students which consists 87 men and 73 women. Academic procrastination scale has made of researcher is used as the data collection in this research and used Likert type. The reliability of academic procrastination scale was verified by using method Alpha Cronbach and the result found was 0,945 from 53 items with total item correlation ranges from 0,328 to 0,679. Then, data was analyzed by using independent sample t-test. Based on the result was found that t equals 4,341 ( $p < 0,025$ ). It means that the hypothesis was accepted and academic procrastination between Javanese university students was higher than that of Chinese university students. In each academic procrastination type, it is resulted that  $t = 4,585$  ( $p < 0,025$ ) on intention delay,  $t = 4,592$  ( $p < 0,025$ ) on behavior delay,  $t = 3,513$  ( $p < 0,025$ ) on intention-behavior discrepancy,  $t = 3,311$  ( $p < 0,025$ ) on shift to other activities. Those values show that the difference of academic procrastination type between Javanese university students and Chinese university students is based intention delay, behavior delay, intention-behavior discrepancy, and shift to other activities.*

Keywords : academic procrastination, Javanese university students, Chinese university students