

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara kecerdasan emosional intrapribadi dan sikap altruistik. Kecerdasan emosional intrapribadi membantu seseorang untuk mengenali, memahami dan mengelola emosi sehingga ia dapat memikirkan kesejahteraan orang lain dan termotivasi untuk menolong secara sukarela tanpa mementingkan diri sendiri. Berdasarkan latar belakang tersebut, peneliti merumuskan masalah apakah ada hubungan antara kecerdasan emosional intrapribadi dan sikap altruistik.

Subjek dalam penelitian ini berjumlah 120 orang dewasa dini yang berusia antara 20-30 tahun, yang terdiri dari 30 pria yang berdomisili di Surabaya, 30 pria yang berdomisili di Malang, 30 wanita yang berdomisili di Surabaya, dan 30 wanita yang berdomisili di Malang. Metode penelitian ini adalah penyebaran skala untuk diisi oleh subjek. Alat pengumpulan data adalah skala kecerdasan emosional intrapribadi dan skala sikap altruistik. Uji reliabilitas skala kecerdasan emosional intrapribadi menghasilkan koefisien reliabilitas sebesar 0,7649, sedangkan uji reliabilitas skala sikap altruistik menghasilkan koefisien reliabilitas sebesar 0,7690. Kedua skala tersebut memiliki status andal.

Data penelitian dianalisis dengan teknik korelasi *product moment* dari Pearson. Hasil analisa data menyatakan bahwa sebaran data yang ada adalah normal dan mempunyai korelasi linier. Koefisien korelasi yang diperoleh sebesar 0,500. Artinya hipotesis yang menyatakan bahwa ada hubungan positif antara kecerdasan emosional intrapribadi dan sikap altruistik diterima. Sehingga dapat disimpulkan ada hubungan positif antara kecerdasan emosional intrapribadi dan sikap altruistik.

Analisa perbedaan terhadap koefisien korelasi kecerdasan emosional intrapribadi dan sikap altruistik pria yang dibandingkan dengan koefisien korelasi kecerdasan emosional intrapribadi dan sikap altruistik wanita dilakukan dengan teknik *Fisher's Z Transformation*. Hasil analisa dengan nilai z sebesar 0,379 mengandung arti bahwa tidak ada perbedaan hubungan kecerdasan emosional intrapribadi dan sikap altruistik antara pria dan wanita. Analisa perbedaan dengan teknik *Fisher's Z Transformation* juga dilakukan terhadap koefisien korelasi kecerdasan emosional intrapribadi dan sikap altruistik subjek yang berdomisili di Surabaya yang dibandingkan dengan koefisien korelasi kecerdasan emosional intrapribadi dan sikap altruistik subjek yang berdomisili di Malang. Hasil analisa dengan nilai z sebesar 0,910 mengandung arti bahwa tidak ada perbedaan hubungan kecerdasan emosional intrapribadi dan sikap altruistik antara subjek yang berdomisili di Surabaya dan di Malang. Hasil analisa ini menunjukkan bahwa hubungan antara kecerdasan emosional intrapribadi dan sikap altruistik bersifat stabil pada tiap kondisi subjek tanpa dipengaruhi jenis kelamin maupun jumlah kepadatan penduduk di suatu kota.

ABSTRACT

This research is aimed to know the correlation between intrapersonal emotional intelligence and altruistic attitude. Intrapersonal emotional intelligence helps someone to identify, to understand and to manage the emotion in order that s/he can think about others' welfare and be motivated to help them voluntarily. Based on this premises, the researcher has formulated her research to find out whether there is a correlation between intrapersonal emotional intelligence and altruistic attitude.

Subjects involved in the research were 120 young adults of 20-30 years old, consisting of 30 men living in Surabaya, 30 men living in Malang, 30 women living in Surabaya, and 30 women living in Malang. The method used in this research is done by distributing scale to subjects. The instrument that has been used to measure the correlation were Intrapersonal Emotional Intelligence Scale and Altruistic Attitude Scale. Those scales have been tested for their item validity dan reliability. Reliability coefficient for Intrapersonal Emotional Intelligence Scale was 0,7649. Reliability coefficient for Altruistic Attitude Scale was 0,7690. Based on the values of the two coefficients, both scales were valid and reliable.

The data were analyzed by using Pearson's product moment correlation . The result of the data analysing shows that the data distributed was in a normal curve with linear correlation. The correlation coefficient was 0,500. This means that the hypothesis which explain that there is a positif correlation between intrapersonal emotional intelligence and altruistic attitude was accepted. On the whole, it can be concluded that there is a positif correlation between intrapersonal emotional intelligence and altruistic attitude.

The analysing difference towards intrapersonal emotional intelligence and altruistic attitude's correlation coefficient on men which being compared with intrapersonal emotional intelligence and altruistic attitude's correlation coefficient on women has been done by using *Fisher's Z Transformation* technique. The z score was 0,379, which means that there is no correlation difference between intrapersonal emotional intelligence and altruistic attitude on men and women. The analysing difference by using *Fisher's Z Transformation* also be applied to intrapersonal emotional intelligence and altruistic attitude's correlation coefficient on subjects who living in Surabaya which being compared with intrapersonal emotional intelligence and altruistic attitude's correlation coefficient on subjects who living in Malang. The analysis result with the estimation for about 0.910 shows that there is no correlation difference between intrapersonal emotional intelligence and altruistic attitude on subjects who living in Surabaya and subjects who living in Malang. This result shows that correlation between intrapersonal emotional intelligence and altruistic attitude is stable on every subject condition without considering sex and population density in a city as well.