

## ABSTRAK

Penelitian ini bertujuan untuk mendeskripsikan adanya permainan anak-anak, baik permainan kelompok maupun permainan individu yang membantu peningkatan Kecerdasan Emosional anak menurut tinjauan guru. Subyek penelitian ini adalah guru atau pengajar baik Taman Kanak-kanak maupun kelompok bermain (play group), dengan jumlah empat orang dari satu taman kanak-kanak dan tiga play group yang ada di Jogjakarta. Keempat lokasi penelitian tersebut adalah : Taman Kanak-kanak Tri Pusara Rini, Play group Ceria, Play group Mutiara Persada, dan Play group My Little World.

Tujuan dari penelitian ini adalah untuk 1) Mengetahui tentang jenis-jenis permainan anak apa sajakah yang banyak memberikan sumbangan terhadap peningkatan kecerdasan emosional anak menurut guru. 2) Mengetahui permainan-permainan anak apa sajakah yang dapat meningkatkan kemampuan anak untuk mengenali emosi diri, mengelola emosi orang lain memotivasi diri sendiri, mengenali emosi orang lain, serta membina hubungan.

Jenis penelitian ini adalah penelitian deskriptif, yaitu merupakan penelitian yang berusaha mendeskripsikan suatu gejala atau peristiwa yang terjadi sekarang. Pengambilan data dalam penelitian ini menggunakan dua cara yaitu wawancara dan observasi. Wawancara dilakukan terhadap para guru dari keempat lembaga pendidikan anak yang telah ditentukan oleh peneliti dengan menggunakan pedoman terstandar terbuka. Sedangkan observasi juga dilakukan pada lembaga-lembaga pendidikan anak yang sama dengan tujuan untuk menggali data serta mengetahui interaksi yang terjadi selama anak-anak bermain. Analisis data diawali dengan mengkode data yang telah didapat, kemudian dilakukan pengorganisasian data dan setelah itu diperiksa keabsahannya dengan teknik triangulasi dengan sumber. Hasil analisis data dapat dideskripsikan bahwa para guru memang menggunakan tipikal-tipikal permainan-permainan tertentu, baik permainan kelompok maupun permainan individu yang dapat membantu meningkatkan kecerdasan emosional anak.

## ABSTRACT

This research was intended to describe certain children's games, either individual or group games, which could develop children's emotional intelligence from teacher's point of view. The subjects of this research were a kindergarten's teacher and three playgroups' teacher. This research was conducted in four different places. Those are: Tri Pusara Rini Kindergarten, Ceria Play group, Mutiara Persada Play group and My Little World Play group. Those four places were located in Jogjakarta.

There were two aims of this research as follows: 1) To find out what kind of children's games which gave a lot of contributions to the development of the children's Emotional Intelligence according to the teacher. 2) To find out which children's games that could develop children's ability to recognize their selves emotion, to manage selves emotion, to motivate themselves, to recognize others emotion and build a relationship.

This research was a descriptive research. Descriptive research is designed to obtain information concerning the current status of phenomena. There were two kinds of data collection in this research. Those were interview and observation. The interviews were done with the teachers from those four children education institutions that were determined by the researcher. Those interviews were done with the open standard guidelines. The observations which were also conducted in those institution, were aimed to get the data and to find out the interactions happened during the children's play. The data analysis was started with the coding of the collected data. Then those data were organized. After that, the validity of the data was examined with triangulation technique with the sources. From the result of the data analysis, we could describe that the teachers used certain games, either individual or group games, which helped the development of children's Emotional Intelligence.