

INTI SARI

Robertus Ardian Nugrahanto (2004). Hubungan Antara Kecerdasan Emosional Intrapribadi Dan Kemampuan Mengatasi Kesulitan Mengerjakan Skripsi Pada Mahasiswa. Yogyakarta: Program Studi Psikologi, Jurusan Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara kecerdasan emosional intrapribadi dan kemampuan mengatasi kesulitan mengerjakan skripsi pada mahasiswa. Skripsi merupakan karya ilmiah yang ditulis oleh mahasiswa program sarjana (S-1) pada masa akhir studinya berdasarkan hasil penelitian, kajian kepustakaan, atau pengembangan terhadap suatu masalah yang dikerjakan secara seksama. Masalah yang muncul selama mahasiswa menyelesaikan skripsi salah satunya disebabkan karena adanya berbagai kesulitan. Skripsi sering kali menjadi “momok” bagi mahasiswa, karena adanya kesulitan yang ditemui. Fenomena ini dialami oleh mahasiswa hampir di semua lingkungan perguruan tinggi. Namun dengan mengaktifkan potensi kecerdasan emosional intrapribadi maka mahasiswa akan mampu mengatasi kesulitan yang ditemuinya. Dengan kecerdasan emosional intrapribadi, mahasiswa mampu mengenali dan menyadari perasaan serta mampu memotivasi diri sendiri sehingga dapat mengarahkan pengambilan inisiatifnya dan tindakannya secara efektif, sehingga mampu mengatasi kesulitan mengerjakan skripsi. Berdasarkan latar belakang tersebut, peneliti membuat hipotesis dalam penelitian ini/Ha, “ada hubungan yang positif antara kecerdasan emosional intrapribadi dan kemampuan mengatasi kesulitan mengerjakan skripsi pada mahasiswa.”

Subjek dalam penelitian ini adalah 40 mahasiswa Fakultas Psikologi, Universitas Sanata Dharma, Yogyakarta. Metode penelitian yang digunakan berupa metode penelitian korelasi. Teknik pengumpulan data menggunakan metode skala. Pada variabel kecerdasan emosional intrapribadi diukur dengan menggunakan Skala Kecerdasan Emosional Intrapribadi. Pada variabel kemampuan mengatasi kesulitan mengerjakan skripsi diukur dengan menggunakan Skala Kemampuan Mengatasi Kesulitan Mengerjakan Skripsi. Kedua skala itu disusun oleh peneliti sendiri.

Melalui uji kesahihan butir kecerdasan emosional intrapribadi dinyatakan 17 item yang gugur dan 31 item yang sah, dengan koefisien reliabilitasnya sebesar 0,8674. Sedangkan pada uji kesahihan butir kemampuan mengatasi kesulitan mengerjakan skripsi dinyatakan ada 21 item yang gugur dan 30 item yang sah, dengan koefisien reliabilitasnya 0,8473. Data penelitian diolah dengan menggunakan teknik korelasi *product moment* dari Karl Pearson. Hasil analisis data penelitian ini menunjukkan sebaran data adalah normal dan linear. Koefisien korelasi (r) diperoleh sebesar -0,650 pada taraf kesalahan 5%, dengan nilai probabilitas (P) 0,000 ($P < 0,05$). Hal tersebut berarti hipotesis nihil/ H_0 yang menyatakan bahwa tidak ada hubungan positif antara kecerdasan emosional intrapribadi dan kemampuan mengatasi kesulitan mengerjakan skripsi telah diterima.

ABSTRACT

Robertus Ardian Nugrahanto (2004). Correlation between the emotional intelligence intrapersonal and the capability of contend difficulty in performing minithesis at university student. Yogyakarta: Study Program of Psychology, Direction of Psychology, Faculty of Psychology, Sanata Dharma University.

This research to be aim for know the connection between the emotional intelligence intrapersonal and the capability of contend difficulty in performing minithesis at university student. The minithesis is scientific script was written by university student scholar program (S-1) for last time study be based for research yield, study library, or developing to problem just doing or to do work with systematic. The problem to be turn up just times the university student finish to script those ones because of emerge many difficulties. The script of minithesis often time by 'devil' by university student, because of that many difficulties its. This phenomena to be experienced by university student in environment university. However when the university student be able to activate the emotional intelligence intrapersonal so they will be able to cotend of difficulty that they went to see. They've had possessed the emotional of intelligence intrapersonal have to be more able to know and realize to be felling with emotion manage and be able to motivation by self. So he can be more direction by self to take the initiative and to do way to be effectively, and be able to defend on contend many kind of performing minithesis. The based back like its, researcher made the hipotesis in this research/Ha, have said that, "there is a positive correlation between the capability of contend difficulty in performing minithesis at university student."

In the subjects research were 40 university students in Faculty of Psychology, Sanata Dharma University, Yogyakarta. The methods of research have been used was research correlation methods. Collection technique for datas was used scale methods. The emotional intelligence intrapersonal variable to be measurement with use The Emotional Intelligence Intrapersonal of Scale, then the capability of contend difficulty in performing minithesis variable to be measurement with The Capability of Contend Difficulty in Performing Minithesis of Scale. Both of scales that was be arranged by researcher self.

At the tested of validity for the emotional intelligence intrapersonal variable have been explained that were 17 items lossed and just totalty items valid were 31 items, with of the reliability coefficient was 0,8674. Then the tested of validity for the capability of contend difficulty in performing minithesis have been explained were 21 and totalty items valid were 30 items, with of the reliability coefficient was 0,8473. The research data be processed with used correlation technique by product moment pearson. The analysis yield for this datas research seen that spread data was normal and linear. The correlation coefficient (r) to be obtain was $-0,650$ for error rate 5% with probability (P) 0,000 ($P < 0,05$). From this data it's mean, that null hypothesis have been realized, have said that, "there is not a positive correlation between the emotional intelligence intrapersonal and the capability of contend difficulty in performing minithesis at university student" had been receipted.