

INTISARI KEHIDUPAN KAUM GAY

Tinjauan Psikologis terhadap Kaum Gay pada Perkumpulan Gaya Nusantara
di Surabaya
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Skripsi ini dibuat dengan tujuan untuk melengkapi tugas akhir dalam menyelesaikan program Strata 1 di Fakultas Psikologi Universitas Sanata Dharma Yogyakarta.

Penulis tertarik untuk membahas mengenai kehidupan kaum homoseksualitas, khususnya kaum gay karena sejauh penulis ketahui bahwa masih terdapat berbagai masalah mengenai penerimaan kaum homoseksual (gay) di masyarakat serta masalah psikososial dan ekonomi bagi mereka. Karena belum banyak penelitian secara ilmiah yang membahas masalah homoseksualitas di Indonesia, maka penulis melakukan observasi langsung selama 2 (dua) minggu terus-menerus di lapangan (dari tanggal 23 Desember 2002 sampai dengan tanggal 2 Januari 2003) atas kehidupan dan kegiatan kaum gay yang tergabung dalam Perkumpulan Gaya Nusantara di Surabaya. Dalam penelitian ini, penulis menggunakan metode studi kepustakaan dan studi lapangan yang melibatkan 5 (lima) orang anggota Perkumpulan Gaya Nusantara di Surabaya yang dipilih berdasarkan *snowball sampling* atas kesediaannya untuk bekerjasama.

Dari observasi langsung di lapangan serta studi kepustakaan tentang kaum homoseksual (gay) yang ada, telah penulis lakukan pembahasan tentang perilaku kehidupan mereka, sehingga dapat penulis simpulkan bahwa: *pertama*, kaum homoseksual (gay) memang ada di masyarakat bahkan mereka telah ada sejak zaman dahulu di dunia, tetapi keberadaannya belum dapat diterima masyarakat sepenuhnya, *kedua*, homoseksual (gay) memiliki beberapa faktor penyebab, *ketiga*, kaum homoseksual (gay) memiliki aktivitas dan pandangan yang tidak berbeda dengan individu lain pada umumnya, *keempat*, kaum homoseksualitas (gay) masih banyak mengalami hambatan-hambatan psikososial dan ekonomi dalam kehidupannya, sehingga mereka selalu dicekam oleh rasa takut atau ragu-ragu dalam menjalani kehidupannya, dan *kelima*, hambatan-hambatan psikososial dan ekonomi itu perlu segera diatasi secara wajar.

Dari kesimpulan-kesimpulan di atas, maka penulis menyarankan: *pertama*, supaya kaum homoseksual (gay) dapat diterima masyarakat apa adanya, kaum homoseksual (gay) perlu mengadakan sosialisasi yang benar tentang homoseksualitas (terutama

yang menyangkut gay), *kedua*, kepada masyarakat (termasuk pemerintah) diharapkan mampu menyadari dan menerima dan sekaligus membina secara nyata kaum homoseksual (gay), dan *ketiga*, secara ilmiah agar dilakukan penelitian psikologi dan sosial lebih lanjut mengenai keberadaan kaum homoseksual (gay) serta praktik dan tata kehidupannya di masyarakat luas.

ABSTRACT
THE LIFE OF THE GAY

The psychology analysis on the gay at Gaya Nusantara Association
 In Surabaya
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This thesis is purposely made to complete the final project in finishing Strata 1 program at the psychology faculty of Sanata Dharma Yogyakarta.

The writer is interested to discuss about the life of the homosexual, especially the gay since the writer knows that there are various problems related with the acceptance of the gay in a society and also their psychosocial and economic sides. Because there are only few numbers of scientific researches which discuss about the homosexual in Indonesia, the writer involved herself continuously in two weeks' direct observation in the field (from 23rd December 2002 to 2nd January 2003) on the life and activities of the gay who join in Gaya Nusantara Association.

In this research, the writer uses a library study method and a field study which involve five members of Gaya Nusantara Association in Surabaya, who are chosen based on the snowball sampling from their willingness to have a cooperation.

From the direct observation in the field and also the available library study about the homosexual (gay), the writer has got the discussion about their lives and the writer concludes that: *first*, the gay, indeed, live in society and they have existed in the world since a long time ago, but their existence can not be completely accepted by the society, *second*, the homosexual (gay) have three causing factors, *three*, the homosexual (gay) have activities and views that are not different from the others as general, *fourth*, the homosexual (gay) still have many obstacles in their lives both from psychosocial or economic sides, so they are always haunted by their fear and worry in facing the life, and *fifth*, the psychosocial and economic obstacles must be overcome soon and normally.

From the above conclusion, the writer suggests that: *first*, the gay can be accepted as what they are in the society, the gay should have a good socialization about the homosexual (especially related with the gay), *second*, the society (include the government) is expected to realize and accept and also guide the gay concretely, and *third*, it should be held the further psychology and social research about the existence of the gay and their practice and also their life structure in the broad society.