

## ABSTRAK

### KECEMASAN DALAM MENGHADAPI PENILAIAN, KEPERCAYAAN DIRI DI SEKOLAH, DAN PERILAKU PROSOSIAL SISWA DITINJAU DARI KEIKUTSERTAAN SISWA DALAM PROGRAM BIMBINGAN BELAJAR

Studi Komparatif di SMA Negeri 2 Ngaglik Tahun Ajaran 2017/2018

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2018

Penelitian ini bertujuan untuk mengetahui apakah terdapat perbedaan kecemasan dalam menghadapi penilaian, kepercayaan diri di sekolah, dan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar.

Penelitian ini adalah penelitian kuantitatif komparatif. Penelitian dilakukan di SMA Negeri 2 Ngaglik pada bulan Februari sampai Maret 2018. Populasi penelitian ini adalah seluruh siswa SMA Negeri 2 Ngaglik yang berjumlah 674 orang. Sampel penelitian ini sejumlah 210 siswa yang diambil dengan teknik *purposive sampling*. Data dikumpulkan menggunakan kuesioner dan dianalisis dengan menggunakan uji beda *independent sample t-test* (uji t-test) dan *Mann Withney*.

Hasil penelitian menunjukkan bahwa: (1) tidak terdapat perbedaan kecemasan dalam menghadapi penilaian ditinjau dari keikutsertaan siswa dalam program bimbingan belajar (*Sig. (2-tailed)* = 0,764); (2) tidak terdapat perbedaan kepercayaan diri di sekolah ditinjau dari keikutsertaan dalam program bimbingan belajar (*Sig. (2-tailed)* = 0,324); (3) tidak terdapat perbedaan perilaku prososial siswa ditinjau dari keikutsertaan dalam program bimbingan belajar (*Sig. (2-tailed)* = 0,982).

**Kata kunci:** bimbingan belajar, kecemasan, penilaian, kepercayaan diri, dan perilaku prososial.

## ABSTRACT

### **ANXIETY IN CONFRONTING ASSESSMENT, SELF CONFIDENCE IN SCHOOL, AND PROSOCIAL STUDENT BEHAVIOR PERCEIVED FROM STUDENT PARTICIPATION IN LEARNING GUIDANCE COURSE PROGRAM**

A Comparative Study In SMA N 2 Ngaglik, 2017/2018 Academic Year

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2018

This research aims to find out whether there are differences of the anxiety in confronting assessment, self confidence in school, and prosocial student behavior perceived from student participation in learning guidance course program.

This research is a qualitative comparative analysis which was done in SMA N 2 Ngaglik from February till March 2018. The population of this research were all students in SMA N 2 Ngaglik which covered 674 respondents. The samples of this research were 210 students, the sampling technique was purposive sampling. The instrument used in this research was questionnaires. The data were analyzed by using independent sample t-test and Mann Withney,

The results of this research show that: (1) there is no difference in anxiety in confronting assessment perceived from student participation in learning guidance course program (Sig. (2-tailed) = 0,764); (2) there is no difference in self confidence in school perceived from student participation in learning guidance course program (Sig. (2-tailed) = 0,324); (3) there is no difference in prosocial student behavior perceived from student participation in learning guidance course program (Sig. (2-tailed) = 0,982).

**Keywords:** learning guidance course program, anxiety, assessment, self confidence, and prosocial behavior.