

PENGARUH STRATEGI KOPING TERHADAP RESILIENSI PADA KORBAN CYBERBULLYING

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ABSTRAK

Penelitian ini bertujuan untuk melihat pengaruh strategi coping terhadap resiliensi pada korban *cyberbullying*. Subjek penelitiannya sebanyak 215 siswa yang terdiri dari siswa SMP dan SMA berusia 13-17 tahun. Hipotesis penelitiannya adalah strategi coping berpengaruh terhadap resiliensi remaja korban *cyberbullying*. Alat pengumpul data yang dipakai adalah skala adaptasi *RCOPE* dan skala *problem focused coping* serta resiliensi yang dibuat sendiri oleh peneliti. Hasil penelitian menggunakan analisis regresi berganda menyimpulkan bahwa strategi coping berpengaruh secara signifikan terhadap resiliensi pada remaja korban *cyberbullying* ($F= 77,103$ $R^2= 44,5\%$). *Problem focused coping* berpengaruh signifikan positif ($\text{sig.}= 0,00 < 0,05$) terhadap resiliensi korban *cyberbullying*. *Religious coping* tidak berpengaruh secara signifikan ($\text{sig.}= 0,98 > 0,05$) terhadap resiliensi korban *cyberbullying*.

Kata kunci: strategi coping, resiliensi, *cyberbullying*.

THE EFFECT OF COPING STRATEGIES TOWARDS RESILIENCE OF CYBERBULLYING VICTIM

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ABSTRACT

This study aims to know the effect of coping strategies towards resilience of cyberbullying victim. There are 215 students from Junior High School and Senior High School as the subject of the research. They ages from 13 to 17 years old. The hypothesis of this study is coping strategies have a significant effect towards resilience of cyberbullying victim. The data obtained using adapted RCOPE scale and self made for the resilience and problem focused coping scale. The result of the research trough double regression analysis concludes that coping strategies significantly affects resilience of cyberbullying victim ($F= 77,103$ $R^2= 44,5\%$). Furthermore problem focused coping affects significantly ($\text{sig.}= 0,00 < 0,05$) resilience of cyberbullying victim while religious coping do not significantly affects resilience of cyberbullying ($\text{sig.}= 0,98 > 0,05$).

Keywords: coping strategies, resilience, cyberbullying.

