

ABSTRAK

Proses Penyesuaian Diri Residen

Di Panti Rehabilitasi Jogja Care House

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Penelitian ini bertujuan untuk: (1) Mengetahui proses penyesuaian diri sebagai residen di panti rehabilitasi Jogja Care House. (2) Mengetahui perilaku yang ditunjukan residen saat berada di panti rehbilitasi Jogja Care House. (3) Mengetahui pengaruh narkoba dalam proses penyesuaian diri residen di panti rehabilitasi. (4) mengetahui faktor yang dapat mempengaruhi residen untuk menyesuaikan di panti rehabilitasi selain narkoba.

Penelitian ini merupakan penelitian kualitatif dengan metode studi kasus. Subyek penelitian ini adalah residen (penguna narkoba yang menjalani rehabilitasi), konselor dan pendamping. Metode pengumpulan data yang digunakan dalam penelitian ini adalah wawancara. Analisis data meliputi reduksi data dan pengodean. Validitas data penelitian menggunakan triangkulasi dimana peneliti melakukan wawancara dengan beberapa pihak dengan subyek.

Hasil peelitian menunjukan bahwa penyesuaian diri residen cenderung pasrah, menerima keadaan, dan ikhlas. Saat di panti rehabilitasi subyek menunjukan perilaku menolak, *relapse*, *lapse*, menerima kondisi, paranoid, gelisah, ketakutan, menyendiri, frustasi, dan tidak berani menatap orang saat bertemu. Narkoba dapat mempengaruhi proses penyesuaian diri karena efek narkoba yang ada di dalam tubuh subyek. Terdapat berbagai faktor yang dapat mempengaruhi diri selain narkoba yaitu orangtua, residen lain, dan pegawai panti rehabilitasi

Kata kunci: **penyesuaian diri, residen, mantan pengguna narkoba, panti rehabilitasi narkoba jogja care house.**

ABSTRACT

The Adaptation Process of Residents

In Jogja Care House Rehabilitation Center

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This study aimed to: (1) Determine the adaptation process of residents Jogja care House rehabilitation center, (2) Determine the behaviors of the residents when they were in Jogja care House rehabilitation center, (3) Determine the effects of drugs in the adaptation process of the residents in the rehabilitation center, (4) Determine factors which may affect the residents to adapt in the rehabilitation center aside from drugs.

This study used qualitative method. The research method was residents (rehabilitating drug users), counselors and facilitators. The data collection method in this study was interview. Data analyses include data reduction and coding. Research data validity used triangulation in which the researcher interviewed some people with the subjects.

The research result showed that the adaptations of the residents were resignation, acceptance of circumstance, and forbearance. In the rehabilitation center, the subjects showed rejection, relapse, lapse, acceptance of condition, paranoia, restlessness, fear, isolation, frustration, and refusal to look at people in the eyes. Drugs could affect adaptation process due to the effects of the drugs in the subjects' bodies. There are various factors which affected them aside from drugs, i.e. parents, other residents, and employees of the rehabilitation center.

Keywords: *adaptation, resident, former drug user, jogja care house drug rehabilitation center*