

ABSTRAK
DESKRIPSI TINGKAT PEMAHAMAN SISWA KELAS IV DAN V
MENGENAI MASA PUBER

(Studi Deskriptif pada Siswa Kelas IV dan V SD Kanisius Bayat Klaten)

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Penelitian ini bertujuan untuk mengetahui seberapa baik pemahaman siswa SD Kanisius Bayat Klaten tahun 2017/2018 mengenai masa puber dan mengidentifikasi item-item yang memiliki skor rendah dan kemudian dijadikan acuan untuk usulan topik bimbingan. Subjek pada penelitian ini adalah siswa kelas 4 dan 5 SD Kanisius Bayat Klaten.

Jenis penelitian ini adalah penelitian deskriptif kuantitatif. Subjek penelitian berjumlah 45 orang. Instrument penelitian berupa angket tingkat pemahaman mengenai masa puber. Angket berisikan pernyataan mengenai aspek-aspek yang terdapat pada masa puber, yaitu: aspek fisik, aspek sosial, dan aspek psikologis. Perhitungan data dalam penelitian ini menggunakan tabulasi skor dari masing-masing item, lalu menghitung persentase dan kemudian dikelompokkan ke dalam tujuh jenjang.

Hasil penelitian menunjukkan bahwa tingkat pemahaman siswa kelas IV dan V Sekolah Dasar Kanisius Bayat Klaten agak tinggi di setiap aspeknya dengan persentase sebagai berikut: aspek fisik 70,5% yang berarti berada di kategori baik; aspek sosial 63,20% yang berarti berada di kategori baik; dan aspek psikologis 64,57% yang berarti berada di kategori baik. Berdasarkan perhitungan setiap aspek tersebut dapat diketahui bahwa tingkat pemahaman siswa baik. Berdasarkan analisis data per item didapatkan satu item terendah dengan poin 53 yang kemudian menjadi dasar penyusunan topik bimbingan yaitu Aku Mencintai Perubahan di Diriku

Kata kunci: masa puber, siswa SD, pemahaman

ABSTRACT

THE DESCRIPTION OF THE COMPREHENSION LEVEL OF FOURTH AND FIFTH GRADE STUDENTS ABOUT PUBERTY (A Descriptive Study on Fourth and Fifth Grade Students of SD Kanisius Bayat Klaten)

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This study was aimed to find out how well the students of SD Kanisius Bayat Klaten 2017/2018 understood about puberty. The researcher identified the items which had the lowest score and then used them for references to propose a topic in the guidance. The subjects of this study were the students of SD Kanisius Bayat Klaten grade IV and V.

This research was a quantitative descriptive research. There are 45 subjects in this research. The instrument of this research was a questionnaire of the comprehension level about puberty. The questionnaire consisted of statements about the aspects which were found during puberty which are: physical aspects, social aspects, and psychological aspects. The data calculation of this research used the tabulation of scores from each item. Then, the researcher counted the percentage of the data and then classified it into seven stages.

The findings of this research showed that the comprehension level of the students of SD Kanisius Bayat Klaten grade IV and V are rather high in each aspect with the following percentage: physical aspects 70.5% which means that it was in good category, social aspects 63.20% which means that it was in good category, and psychological aspects 64.57% which means that it was also in good category. Based on the calculation of each aspect, it was concluded that the comprehension level of the students was good. According to the data analysis of each item, there was one lowest item with 53 points which became a reference to compile the guidance topic which was "*Aku Mencintai Perubahan di Diriku*".

Keywords: puberty, elementary students, comprehension