

**HUBUNGAN ANTARA *WORK FAMILY CONFLICT* DENGAN STRES KERJA  
PADA WARTAWAN PRIA KORAN HARIAN**

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**ABSTRAK**

Penelitian ini bertujuan untuk hubungan antara *Work family Conflict* dengan stres kerja pada wartawan pria koran harian. Penelitian ini memiliki hipotesis yaitu adanya hubungan positif antara *Work family Conflict* dengan stres kerja pada wartawan pria koran harian. Subjek pada penelitian ini adalah wartawan pria koran harian yang memiliki pengalaman bekerja di jurnalistik minimal 1 tahun bekerja dan sudah berkeluarga. Jumlah subjek sebanyak 151 wartawan pria dari beberapa media di Jogja dan Jakarta. Pengambilan data dilakukan dengan pengisian skala WFC dan skala stres kerja. Pada skala WFC memiliki skor reliabel 0,875 dan skor skala stres kerja sebesar 0,834. Teknik analisis data pada penelitian ini menggunakan pengujian korelasi *Spearman's Rho* dalam program *SPSS for windows* versi 16.0 karena data dari variabel stres kerja tidak normal. Hasil menunjukkan bahwa terdapat hubungan positif dan signifikan ( $r : 0,679$ ;  $p: 0.000 < 0,05$ ) antara *Work Family Conflict* dengan stres kerja pada wartawan pria koran harian. Hal ini menunjukkan bahwa semakin tinggi *Work Family Conflict* maka semakin tinggi pula stres kerjanya dan begitupun sebaliknya.

Kata kunci : *Work Family Conflict*, stres kerja, wartawan koran harian

**THE RELATION BETWEEN WORK FAMILY CONFLICT WITH WORK  
STRESS ON MALE JOURNALISTS DAILY NEWSPAPER**

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**ABSTRACT**

*This study aimed to the relation between Work Family Conflict with work stress on male journalists daily newspaper. This study hypothesized that there was a positive relationship between Work Family Conflict with work stress on male journalists daily newspaper. Subjects in this study were male daily newspaper journalists who had journalism experience at least 1 year work and had a family. The number of subjects was 151 male journalists from several media in Yogyakarta and Jakarta. Data were collected by filling WFC scale and the scale of job stress. On a scale of WFC has a score of 0.875 and a reliable job stress scale score of 0.834. Data analysis techniques in this study used Spearman's Rho correlation test in SPSS for Windows version 16.0 because the data of the variable work stress was not normal. Results showed that there was a positive and significant relationship ( $r : 0,679$ ;  $p: 0.000 < 0,05$ ) between Work Family Conflict with work stress male journalists daily newspaper. This showed that the higher the Work Family Conflict, the higher the stress of work and vice versa.*

Keywords: work family conflict, work stress, journalists daily newspaper