

**PENGARUH *PERCEIVED SOCIAL SUPPORT* PADA PROKRASTINASI
AKADEMIK DI KALANGAN MAHASISWA PENULIS SKRIPSI DI
UNIVERSITAS SANATA DHARMA YOGYAKARTA**

Ignatius Seno Aji Prasetyo

ABSTRAK

Penelitian ini bertujuan untuk mengetahui pengaruh *perceived social support* pada prokrastinasi akademik para mahasiswa penulis skripsi di Universitas Sanata Dharma Yogyakarta. Hipotesis menyatakan *perceived social support* berpengaruh pada prokrastinasi akademik mahasiswa penulis skripsi. Subjek berjumlah 100 mahasiswa. Pengumpulan data menggunakan alat ukur skala. Skala prokrastinasi terdiri dari 32 item dengan koefisien reliabilitas $\alpha = 0,889$, sedangkan skala dukungan sosial dengan 30 item memiliki koefisien reliabilitas $\alpha = 0,910$. Teknik analisis data adalah analisis regresi linear sederhana. Hasil penelitian menunjukkan bahwa *perceived social support* berpengaruh positif pada prokrastinasi akademik mahasiswa penulis skripsi. Semakin mengalami *perceived social support*, semakin melakukan prokrastinasi akademik.

Kata kunci: prokrastinasi akademik, *perceived social support*

**THE EFFECT OF PERCEIVED SOCIAL SUPPORT ON ACADEMIC
PROCRASTINATION AMONG THE WRITING THESIS STUDENTS OF
SANATA DHARMA UNIVERSITY YOGYAKARTA**

Ignatius Seno Aji Prasetyo

ABSTRACT

This research aimed to know the effect of perceived social support on academic procrastination among the thesis writing students at the University of Sanata Dharma Yogyakarta. The hypothesis was that perceived social support effects academic procrastination among the thesis writing students. The subject were 100 students. The data were gathered using the instruments of scale. The scale of procrastination consisted of thirty two items with coefficient of reliability $\alpha = 0.889$, whereas the scale of social support consisted of thirty items with coefficient of reliability $\alpha = 0.910$. The data analysis used the simple linear regression anlaysis. These result shows that perceived social support has positive and significant impact on academic procrastination. The more perceived social support, the more academic procrastination.

Keywords: academic procrastination, perceived social support