KECERDASAN EMOSIONAL DAN *PROBLEM FOCUSED COPING* PADA MAHASISWA YANG SEDANG MENYUSUN SKRIPSI

Nur Dahlia Kadili

ABSTRAK

Penelitian ini bertujuan untuk menguji hubungan antara kecerdasan emosional dan *problem focused coping* pada mahasiswa yang sedang menyusun skripsi. Hipotesis dalam penelitian ini adalah ada hubungan positif antara kecerdasan emosional dan *problem focused coping*. Responden dalam penelitian ini adalah 176 mahasiswa yang sedang menyusun skripsi yang dipilih dengan teknik *purposive sampling*. Pengumpulan data dilakukan menggunakan skala kecerdasan emosional dan skala *problem focused coping* yang disusun oleh peneliti. Skala kecerdasan emosional memiliki koefisien reliabilitas sebesar 0,927 dan skala *problem focused coping* memiliki koefisien reliabilitas sebesar 0,926 Teknik analisis data dalam penelitian ini menggunakan uji korelasi *Product Moment Pearson* dengan bantuan SPSS 23 *for windows.* Hasil analisis data menunjukkan bahwa hipotesis dalam penelitian ini diterima. Hal tersebut menunjukkan bahwa terdapat korelasi positif yang signifikan antara kecerdasan emosional dan *problem focused coping* pada mahasiswa yang sedang menyusun skripsi (r = 0,612, p = 0,000).

Kata Kunci: kecerdasan emosional, *problem focused coping,* mahasiswa yang sedang menyusun skripsi

EMOTIONAL INTELEGENCE AND PROBLEM FOCUSED COPING AMONG STUDENTS WHO ARE PREPARING THEIR THESIS

Nur Dahlia Kadili

ABSTRACT

This research aimed to examine the relation between emotional intelegence and problem focused coping among students who are preparing their thesis. The hypothesis in this research was a positive relation between emotional intellegence and problem focused coping. Respondents in this research were 176 students who were preparing a thesis that selected by using purposive sampling technique. Data collection was done by using emotional intelligence scale and problem focused coping scale which made by researcher. The emotional intelligence scale has a reliability coefficient of 0.927 while problem focused coping scale has a reliability coefficient of 0.926. Data analysis techniques in this research using Pearson Product Moment correlation test with SPSS 23 for windows. The results of the data analysis showed that the hypothesis in this research was accepted. It showed that there was positive significant correlation between emotional intelligence and problem focused coping among students who were writing a thesis (r = 0.612, p = 0.000).

Keywords: *emotional intelegence, problem focused coping, students who are preparing thesis*