

## Hubungan Antara Self Efficacy dengan *Communication Apprehension* Pada Mahasiswa

Ineke Yuliana Bureni

### ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara *self efficacy* dengan *communication apprehension* pada mahasiswa Fakultas Psikologi Universitas Sanata Dharma. Penelitian ini menggunakan subjek 40 mahasiswa perempuan. Instrumen untuk mengukur *self efficacy* yaitu skala *general self efficacy* yang dikembangkan oleh Matthias Jerusalem dan Ralf Schwarzer terdiri 10 item dan adaptasi skala *PRCA-24* untuk mengukur *communication apprehension* terdiri 24 item. Metode statistik yang digunakan untuk menganalisis data penelitian ini adalah *Person Product Moment* karena distribusi data normal. Nilai koefisien korelasi (-0,178 dengan  $p = 0,136$ ) menunjukkan tidak terdapat hubungan negatif yang signifikan antara *self efficacy* dengan *communication apprehension*. Hal tersebut membuat hipotesis pada penelitian ini ditolak.

Kata Kunci : *self efficacy*, *Communication apprehension*, *GSE*, *PRCA-24*

# THE RELATIONSHIP BETWEEN SELF EFFICACY AND COMMUNICATION APPREHENSION FOR COLLEGE STUDENT

Ineke yuliana Bureni

## ABSTRACT

The purpose of this research is to know the relationship between self efficacy and communication apprehension for Psychology students in Sanata Dharma University. This research use 40 female students as subject. The instrument that used to measure self efficacy of a general self efficacy scale that contents 10 items from Mathias Jerusalem and Ralf Schwarzer also using an adaptation of PRCA-24 scale that consists of 24 items to measuring communication apprehension. Statistics method that used to analyz this research data is Person Product Moment, because of the data distribution is a normal data. The coefficient correlation value (-0,178 with  $p = 0,136$ ) show that there was no correlation negative significant between self efficacy with communication apprehension. It meant that the hypothesis of this research was rejected.

Keywords: *Self efficacy, communication apprehension, GSE, PRCA-24*