

HUBUNGAN ANTARA DIMENSI EFIKASI DIRI DENGAN *PROBLEM FOCUSED COPING* KORBAN *BULLYING* DI SEKOLAH DASAR

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ABSTRAKSI

Penelitian ini membahas mengenai hubungan antara dimensi efikasi diri dengan *problem focused coping* pada korban *bullying* di sekolah dasar. Variabel tergantung dalam penelitian ini adalah *problem focused coping*, sedangkan variabel bebasnya adalah efikasi diri yang terdiri dari 3 dimensi, yaitu *level*, *generality*, dan *strength*. Subjek dalam penelitian ini berjumlah 45 orang. Subjek pada penelitian ini ialah siswa sekolah dasar yang mengalami *bullying* di Sekolah. Penelitian ini menggunakan dua skala likert, yaitu skala efikasi diri dan skala *problem focused coping*. Reliabilitas skala dimensi *level* adalah $\alpha = 0,877$, *generality* $\alpha = 0,824$, *strength* $\alpha = 0,864$. Sementara itu, reliabilitas skala *problem focused coping* sebesar $\alpha = 0,778$. Teknik analisis data yang digunakan adalah teknik korelasi *Spearman's Rho* karena sebaran data tidak normal. Hasil analisis menunjukkan bahwa terdapat hubungan yang positif dan signifikan antara *problem focused coping* dengan ketiga dimensi efikasi diri, yaitu *level* ($N=45$, $r=0,695$, $p=0,000$), *generality* ($N=45$, $r=0,402$, $p=0,003$), and *strength* ($N=45$, $r=0,416$, $p=0,002$).

Kata kunci : dimensi efikasi diri, efikasi diri, *problem focused coping*.

THE RELATIONSHIP BETWEEN DIMENSION OF SELF EFFICACY AND PROBLEM FOCUSED COPING OF VICTIMS BULLYING IN ELEMENTARY SCHOOL

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ABSTRACT

The current research was aimed to measure the relationship between the dimension of self efficacy and problem focused coping of victims bullying in elementary school. Dependent variabel was problem focused coping, while the independent variabel was self efficacy which comprises of 3 dimensions, such as level, generality, and strength. Sample size this research were 45 people. Subjects in this research were victims of bullying in elementary school. This research used likert scale in construct self efficacy and problem focused coping scale. Reliability for level was $\alpha = 0,877$, generality $\alpha = 0,824$, and strength $\alpha = 0,864$. Reliability for problem focused coping scale was $\alpha = 0,778$. Statistical method that used to analyze data of this research was Spearman's Rho due to abnormality on data distribution. The result showed that there were positive and significant relationship between problem focused coping with 3 dimentions of self efficacy named level ($N=45$, $r=0,695$, $p=0,000$), generality ($N=45$, $r=0,402$, $p=0,003$), and strength ($N=45$, $r=0,416$, $p=0,002$).

Keyword : Dimensions of self efficacy, self efficacy, problem focused coping.