

**ABSTRAK****PENYUSUNAN SKALA KECEMASAN ASPEK EMOSI  
SISWA KELAS IV SD**

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Penelitian ini dilakukan karena adanya guru yang membutuhkan instrumen yang dapat digunakan untuk mengetahui tingkat kecemasan siswa. Tujuan utama dari penelitian ini adalah menyusun skala kecemasan aspek emosi. Peneliti mengawali penelitian dengan melakukan observasi di kelas IV SD N Puren. Berdasarkan hasil observasi peneliti menemukan adanya siswa yang mengalami kecemasan. Kecemasan yang dialami siswa adalah kecemasan aspek emosi.

Jenis penelitian ini adalah penelitian dan pengembangan (*reseach & development*). Peneliti melakukan penyusunan skala kecemasan aspek emosi siswa kelas IV SD dengan menggunakan enam langkah *R&D* menurut Borg and Gall, yaitu: (1) potensi dan masalah, (2) pengumpulan data, (3) desain produk, (4) validasi desain, (5) revisi desain, (6) uji coba produk.

Hasil penelitian menunjukkan bahwa Pengembangan Skala Kecemasan Emosi Siswa Kelas IV memiliki kualitas “sangat layak” dengan mendapatkan skor rerata 3,36. Kualitas skala kecemasan emosi dilihat dari hasil validasi produk yang dilakukan oleh 1 ahli psikologi, 2 ahli bahasa, dan 2 guru Sekolah Dasar. Berdasarkan hasil instrumen tanggapan 10 siswa kelas IV didapatkan rerata skor 3,82 dengan kualitas “sangat layak”.

**Kata Kunci:** pengembangan, emosi, skala kecemasan

## ABSTRAK

This research is done because there are still many teachers who need tools to measure students' emotional anxiety. The main purpose of this research is to produce new products for elementary school in the form of emotional anxiety scale. The background of this research is the presence of potentials and problems associated with the Development of Emotional Anxiety Scale. the problem faced by the teacher is that the emotional anxiety experienced by the students hampers the learning activities in the classroom. Therefore, researchers conduct research "Development of Emotion Anxiety Scale fourth graders". This research is a research and development (R & D) which have goal (1) to develop emotional anxiety scale of student of class IV, (2) describe the product of of Emotion Anxiety Scale fourth graders.

Type of this research is research and development. Researchers have developed the product in the form of emotional anxiety scale of 4th graders using by six steps of R&D according to Borg and Gall, that is: (1) research and information collecting, (2) Planning, (3) Develop preliminary form of product, (4) design validation, (5) design revisions, (6) main field testing. Student emotional anxiety scale validated by 1 psychologist, 2 linguists, and 2 elementary school teachers.

The result show that Development of Emotion Anxiety Scale fourth graders has "excellent" quality with average score 3,36. The quality of emosional anxiety scale be observed from the result of design validaton by 1 psychologist, 2 linguists, and 2 elementary school teachers. Based on the results of 10 student response instruments got the average score of 3.82 with quality "excellent"

**Keyword: development, emotion, anxiety, the scale of emotional anxiety**

