

ABSTRAK

**MENGEMBANGKAN KARAKTER DISIPLIN ANAK USIA DINI
MELALUI METODE PEMBIASAAN DENGAN MEDIA
PERMAINAN DI TK B1 TARAKANITA BUMIJO
YOGYAKARTA TAHUN AJARAN 2014/2015**

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Penelitian ini bertujuan untuk mengembangkan karakter disiplin anak usia dini melalui metode pembiasaan dengan media permainan di kelas B1 TK Tarakanita Bumijo Yogyakarta Tahun Ajaran 2014/ 2015. Berdasarkan observasi dan wawancara menunjukkan bahwa anak kelas B1 dalam karakter disiplin masih sangat kurang.

Penelitian ini merupakan Penelitian Tindakan Bimbingan dan Konseling (PTBK) yang dilaksanakan dalam pra tindakan dan dua siklus perbaikan. Setiap siklus dilaksanakan dalam satu pertemuan. Subjek pada penelitian ini adalah anak kelas B1 TK Tarakanita Bumijo Yogyakarta Tahun Ajaran 2014/ 2015, dengan jumlah 25 anak. Data hasil penelitian diperoleh dari observasi, wawancara, dan dokumentasi.

Hasil penelitian mulai dari pra tindakan ke siklus I dan ke siklus II, serta berlanjut pada penerapan ke metode pembiasaan, menunjukkan adanya perkembangan karakter disiplin anak. Perkembangan karakter disiplin anak pada pra tindakan mencapai 60%, masuk pada kategori cukup. Pada siklus I 78%, masuk dalam kategori baik, dan pada siklus II meningkat lagi menjadi 96%, masuk dalam kategori sangat baik. Berdasarkan hasil penelitian, peneliti menyimpulkan ada perkembangan karakter disiplin melalui penerapan metode pembiasaan dengan media permainan pada anak usia dini di TK B 1 Tarakanita Bumijo Yogyakarta Tahun Ajaran 2014/ 2015.

Kata kunci: karakter disiplin, metode pembiasaan, anak usia dini.

ABSTRACT

**DEVELOPING DISCIPLINE CHARACTER OF YOUNG LEARNERS
THROUGH HABITUATION METHOD USING GAME MEDIA IN THE B1 OF
TARAKANITA KINDERGARTEN BUMIJO YOGYAKARTA
IN THE SCHOOL YEAR 2014/2015**

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This research is aimed at developing discipline character of young learners through habituation method using game media in the B1 class of Tarakanita Kindergarten Bumijo Yogyakarta in the school year 2014/2015. Based on the observation and interview, it shows that the discipline character of B1 students was poor.

The research was counseling guidance action research that was conducted in two phases. They were pre action and two revision cycles. Each of cycle was conducted in one meeting. The research subjects were students of B1 class of Tarakanita Kindergarten Bumijo Yogyakarta in school year 2014/2015. The number of subjects were 25 students. The research data were gained from observation, interview, and documentation.

The result of the research from pre-action up to cycle I and cycle II and continued to implementation of habituation method, showed that the developing of students' discipline character was increasing. Developing students' character discipline in the pre-action was 60% which is categorized as moderate. In the cycle I was 78 % that categorized as good, and in the cycle II increased up to 96% which is categorized as very good. Based on the result of the research, the writer concludes that developing discipline character of young learners through habituation method using game media for young learners in B1 class of the Tarakanita Kindergarten Bumijo Yogyakarta in the school year 2014/2015 was founded.

Keywords: discipline character, habituation method, young learners.