

ABSTRACT

Adi, Dionisius Wenang Danar. (2019). *Sergeant Schumann's Post Traumatic Stress Disorder in Thank You for Your Service Movie*. Yogyakarta: English Language Education Study Program, Sanata Dharma University.

This study analysed Sergeant Adam Schumann's post-traumatic stress disorder in Jason Hall's *Thank You for Your Service* movie. The movie tells about Sergeant Adam Schumann and his friends from the US Army who had just come back from a war in Iraq. Not long after the homecoming, Adam and his friends had the sign of stress disorder. Hence, this study focused on the analysis of the disorder that Adam had been suffering from. Therefore, this study conducted to answer three research questions.

The first research question was about Adam's characteristic: (1) "How is Sergeant Adam Schumann portrayed as the main character in Thank You for Your Service movie?" To analyse the portrayal of Sergeant Adam Schumann, two theories were applied namely the theory of psychological approaches and the theory of character and characterization. After analysing the characteristic of Adam, the researcher found that Adam was portrayed as a skilful soldier. Moreover, Adam was also portrayed as a caring and self-blaming person.

The second research question aimed to discover the disorder symptoms that Adam was suffering from. (2) "How is post-traumatic stress disorder experienced by Sergeant Adam Schumann as the main character in Thank You for Your Service movie?" In order to identify the disorder symptoms Adam was suffering from, the theory of post-traumatic stress disorder was applied and was matched with the disorder signs which were shown by Adam. Throughout the analysis, the disorder signs which were showed by Adam matched with the signs of PTSD. Based on the result of the analysis, Adam was suffering from PTSD since he was showing all of the symptoms of PTSD throughout the movie.

The third research question aimed to discover the personal value of Adam. (3) "What are the personal values that Sergeant Adam Schumann shows in his struggle to heal from his post-traumatic stress disorder?" After analysing Adam's struggle to heal his mental state from PTSD, three major personal values were found in Adam namely honesty, friendship, and self-control.

By studying literature, a person has the chance to learn from mistakes without having to make the mistakes itself. A character in a literary work also contains values that have inspirational and motivational effect to the readers. Based on these statements, the researcher suggests future researchers analyse another character in the *Thank You for Your Service* movie. Moreover, the researcher suggests that movie script needs to be included in English learning material since literary works have various form. By learning to analyse other forms of literary works, more knowledge of literary work form will be enriched. The students will also enrich their knowledge of approach in analysing various literary works.

Keywords: post-traumatic stress disorder, character, value

ABSTRAK

Adi, Dionisius Wenang Danar. (2019). *A Study of Schuman's Post Traumatic Stress Disorder as Seen in Thank You for Your Service Movie*. Yogyakarta: Program Studi Pendidikan Bahasa Inggris, Universitas Sanata Dharma.

Studi ini menganalisis gangguan stres pasca-trauma Sersan Adam Schumann dalam film Jason Hall's *Thank You for Your Service*. Film ini bercerita tentang Sersan Adam Schumann dan teman-temannya dari Angkatan Darat AS yang baru saja kembali dari perang di Irak dan mengalami gangguan stress. Oleh karena itu, penelitian ini berfokus pada analisis gangguan yang diderita Adam. Adapun penelitian ini dirancang untuk menjawab tiga rumusan masalah.

Pertanyaan penelitian pertama tentang karakteristik karakter: (1) "Bagaimana Sersan Adam Schumann digambarkan sebagai karakter utama dalam film *Thank You for Your Service*?" Untuk menganalisis karakter Sersan Adam Schumann, dua teori diterapkan yaitu teori pendekatan psikologis dan teori karakter dan karakterisasi. Setelah menganalisis karakteristik Adam, ditemukan bahwa Adam digambarkan sebagai seorang prajurit yang terampil. Selain itu, Adam juga digambarkan sebagai orang yang peduli dan menyalahkan diri sendiri.

Pertanyaan penelitian kedua bertujuan untuk menemukan gangguan yang diderita Adam. (2) "Bagaimana gangguan stres pascatrauma dialami oleh Sersan Adam Schumann sebagai karakter utama dalam film *Thank You for Your Service*?" Untuk mengidentifikasi gejala gangguan yang diderita Adam, teori gangguan stres pascatrauma diterapkan dan dicocokkan dengan tanda gangguan yang ditunjukkan oleh Adam. Berdasarkan hasil analisis, Adam menderita PTSD dengan menunjukkan semua gejala PTSD.

Pertanyaan penelitian ketiga bertujuan untuk menemukan nilai pribadi Adam. (3) "Apa nilai-nilai pribadi yang ditunjukkan oleh Sersan Adam Schumann dalam perjuangannya untuk sembuh dari gangguan stres pasca-trauma?" Setelah menganalisis perjuangan Adam untuk menyembuhkan kondisi mentalnya dari PTSD, ditemukan tiga nilai pribadi utama pada Adam yaitu kejujuran, persahabatan dan pengendalian diri.

Dengan mempelajari literatur seseorang memiliki kesempatan untuk belajar dari karakter. Karakter dalam karya sastra juga mengandung nilai yang dapat menginspirasi dan memotivasi. Berdasarkan pernyataan ini, peneliti menyarankan peneliti selanjutnya untuk menganalisis karakter lain dalam film *Thank You for Your Service*. Selain itu, peneliti menyarankan agar naskah film untuk dimasukkan sebagai materi pembelajaran bahasa Inggris. Dengan belajar menganalisis bentuk karya sastra lain, pengetahuan mengenai bentuk bentuk karya sastra dapat diperkaya. Para siswa juga dapat memperkaya pengetahuan mereka tentang pendekatan dalam menganalisis berbagai karya sastra.

Kata kunci: *post-traumatic stress disorder, character, value*