

**STRATEGI KOPING
PADA PERNIKAHAN REMAJA PEREMPUAN
YANG DIDAHULUI KEHAMILAN**

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui dampak, strategi koping dan sumber koping pada pernikahan remaja yang didahului kehamilan. Penelitian ini merupakan penelitian kualitatif melalui pendekatan analisis isi terarah. Pengambilan data dilakukan melalui wawancara semi terstruktur pada tiga informan yang dipilih dengan kriteria tertentu, yaitu remaja perempuan yang pernah mengalami kehamilan dan melakukan pernikahan di bawah usia 20 tahun. Secara umum, hasil penelitian menunjukkan bahwa pernikahan yang didahului kehamilan menyebabkan informan mengalami dampak secara fisik, ekonomi, sosial dan psikologis. Informan melakukan strategi koping untuk mengatasi permasalahan yang menekan dalam pernikahan remaja, yaitu dengan mengkombinasikan jenis *problem focused coping* dan *emotion focused coping*. Strategi koping yang dilakukan oleh informan dipengaruhi beberapa sumber koping, yaitu kesehatan fisik, keyakinan dan pandangan positif, keterampilan memecahkan masalah, keterampilan sosial, dukungan sosial, dan materi.

Kata Kunci: Strategi koping, kehamilan dan pernikahan remaja

***COPING STRATEGY
ON ADOLESCENT MARRIAGE AFTER PREGNANCY***

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ABSTRACT

The aims of the research is to describe the impact, coping strategy and coping sources on adolescent marriage after pregnancy. The type of this research was qualitative methods with directional analysis. The data collection was done by using semi-structured unstructured interview method to three informants, are chosen with certain criteria, they are adolescent who have experienced pregnancy and marriages under the age of 20 years. Generally, the result of this study showed that adolescent marriage after pregnancy caused the informants experienced physically, economic, social, and psychological impacts. The three informants were able solved the problems by using the appropriate coping strategies. Therefore, informants solved the impacts by combining some coping strategies. Informants combining the type of problem focused coping and emotion focused coping. Coping strategy that was done by the informants was influenced by some coping's source. They were healthy and energy, positive belief, problem solving skills, social skills, social support, and material resources.

Keyword: coping strategy, adolescent pregnancy and marriage.