

ABSTRAK

**PENGARUH STRES KERJA TERHADAP KINERJA KARYAWAN
UNIVERSITAS SANATA DHARMA
Studi Kasus pada Universitas Sanata Dharma Yogyakarta**

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Penelitian ini bertujuan untuk mengetahui stres kerja individu dan organisasi terhadap pengaruh kinerja karyawan sekretariat Universitas Sanata Dharma. Populasi dalam penelitian ini adalah karyawan sekretariat yang berjumlah 82 orang, dengan sampel sebanyak 68 responden. Pengambilan sampel menggunakan *Proporstional Simple Random Sampling*. Teknik pengumpulan data dengan kuesioner. Analisis data menggunakan teknik analisis regresi berganda. Hasil penelitian ini menunjukkan bahwa ada pengaruh stres individu terhadap kinerja dan tidak ada pengaruh stres organisasi terhadap kinerja karyawan sekretariat Universitas Sanata Dharma.

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WORK STRESS INFLUENCE WITH JOB PERFORMACE
SANATA DHARMA UNIVERSITY
Case Study at Sanata Dharma University Yogyakarta

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This research attempts to learn the individual and organizational work stress influence with job performance of secretary worker in Sanata Dharma University. This research is conducted from March to April 2013 in Sanata Dharma University. The data for this study is collected by questionnaire. Population that is used in this research is 82 secretary worker in Sanata Dharma University, and this research took 68 respondent for the sample. The method for the sampling is Proporsionil Simple Random Sampling. Data analysis utilized multiple linear regression. The result of this research shows that the individual work stress influence to their job performance and the organizational work stress does not influence to their job performance in Sanata Dharma University.