

ABSTRAK**SURVEI KECEMASAN ASPEK KOGNITIF PADA SISWA KELAS V SD
DI KECAMATAN GODEAN**

Anastasia Eka San Diana
Universitas Sanata Dharma
2019

Penelitian ini bertujuan untuk mengetahui kecemasan aspek kognitif pada siswa kelas V Sekolah Dasar Negeri di Kecamatan Godean. Penelitian ini merupakan penelitian kuantitatif deskriptif dengan menggunakan metode survei. Populasi penelitian adalah siswa kelas V di seluruh SD Negeri Kecamatan Godean dengan jumlah sekolah dasar 20 SD Negeri. Sampel penelitian adalah siswa kelas V SD di 12 SD Negeri yang terpilih berdasarkan teknik simple random sampling di Kecamatan Godean. Pengumpulan data diperoleh dengan observasi, penyebaran skala kecemasan aspek kognitif, dan dokumentasi.

Kecemasan aspek kognitif yang dialami siswa di penelitian ini dapat dibagi dalam 5 kategori yaitu tidak cemas, kecemasan ringan, kecemasan sedang, kecemasan berat, dan kecemasan sangat berat. Hasil penelitian ini menunjukkan bahwa 1) terdapat kecemasan aspek kognitif yang dialami siswa kelas V SD Negeri di Kecamatan Godean. 2) Tingkat kecemasan aspek kognitif pada siswa kelas V SD Negeri di Kecamatan Godean, termasuk kategori kecemasan ringan dengan persentase sebesar 56,49% dari keseluruhan sampel yang telah diteliti sebanyak 354 siswa.

Kata kunci: kecemasan, kognitif, dan Kecamatan Godean

ABSTRACT

COGNITIVE ASPECT ANXIETY SURVEY FOR GRADE V ELEMENTARY SCHOOL STUDENT IN GODEAN DISTRICT

Anastasia Eka San Diana
Sanata Dharma University
2019

The purpose of this research to determine cognitive aspects anxiety in fifth grade students of Public Elementary Schools in Godean District.

This research descriptived quantitative studied using a survey methods. The studied population was fifth grade students in all Godean District Public Elementary Schools with a total of 20 elementary schools. The studied sample was grade V elementary school students in 12 selected public elementary schools in Godean District. Data collection obtained by observation, dissemination of anxiety scale cognitive aspects, and documentation.

The cognitive aspect of anxiety experienced in this studied can be divided into 5 categories, namely no anxiety, mild anxiety, moderate anxiety, severe anxiety, and very severe anxiety. The results of this studied indicate that 1) there were cognitive aspects of anxiety experienced by fifth grade students of state elementary schools in Godean District. 2) The level of cognitive aspects of anxiety in fifth grade students of SD Negeri in Godean District, included mild anxiety category with a percentage of 56.49% of the total sample that has been studied as many as 354 students.

Keywords: *anxiety, cognitive, and Godean District*