

## HUBUNGAN ANTARA DIMENSI RELIGIUSITAS DAN PENGALAMAN SPIRITUALITAS DALAM KEHIDUPAN SEHARI-HARI

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### ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara dimensi religiusitas dan pengalaman spiritualitas dalam kehidupan sehari-hari. Subyek yang terlibat dalam penelitian ini berjumlah 309 individu yang terdiri dari 155 laki-laki dan 154 perempuan. Sebagian besar subjek yang terlibat saat ini yaitu memeluk agama islam sejumlah 114 orang, agama katolik sejumlah 78 orang, agama hindu 63 orang, agama protestan 30 orang, agama buddha 1 orang dan 0 pada agama konghuchu. Teknik pemilihan *sampling* yang digunakan adalah *purposive sampling*. Alat pengumpulan data yang digunakan adalah skala *The Big Four Dimension Religious Scale* dan *Daily Spiritual Experience Scale*. *The Big Four Dimension Religious Scale* memiliki 12 item dengan reabilitas masing-masing  $\alpha = 0.875$  pada dimensi *Believing*;  $\alpha = 0.747$  dimensi *Bonding*;  $\alpha = 0.889$  dimensi;  $\alpha = 0.851$  dimensi *Belonging* dan *Daily Spiritual Experience Scale* sebesar  $\alpha = 0.786$ . Hasil uji korelasi *Spearman Rho* antara dimensi religiusitas dengan pengalaman spiritualitas dalam kehidupan sehari-hari adalah sebesar 0.424,  $p = 0.000$  ( $p < 0.01$ ) pada dimensi *believing* dengan pengalaman spiritualitas dalam kehidupan sehari-hari, korelasi dimensi *bonding* religiusitas dengan pengalaman spiritualitas dalam kehidupan sehari-hari sebesar 0.296,  $p = 0.000$  ( $p < 0.01$ ), korelasi dimensi *behaving* religiusitas dengan pengalaman spiritualitas dalam kehidupan sehari-hari sebesar 0.444,  $p = 0.000$  ( $p < 0.01$ ) dan korelasi dimensi *belonging* religiusitas dengan pengalaman spiritualitas dalam kehidupan sehari-hari sebesar 0.325,  $p = 0.000$  ( $p < 0.01$ ), sehingga empat hipotesis dalam penelitian ini diterima. Kesimpulan dalam penelitian ini adalah terdapat hubungan yang positif antara dimensi religiusitas dan pengalaman spiritualitas dalam kehidupan sehari-hari

Kata kunci : dimensi dasar religiusitas (*believing*, *bonding*, *behaving*, *belonging*), pengalaman spiritualitas dalam kehidupan sehari-hari.

## THE CORRELATION BETWEEN BASIC DIMENSION OF RELIGIOUSNESS AND DAILY SPIRITUAL EXPERIENCE

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### ABSTRACT

*This current study aims to determine the relationship between dimensions of religiousness and daily spiritual experience. There were 309 individuals involved in the current study, consisting of 155 males and 154 females. Most of the subjects involved in this study has a religion. There were 114 subjects who are currently has a Moeslim, 78 subjects has a Catholic, 63 subjects has a Hindu, 30 subjects has a Protestant, 1 subject has a Buddha and 0 has a Konghuchu. Purposive sampling is used as the sampling technique in this study. The Researcher used two adapted scales: The Big Four Dimension Religious Scale and Daily Spiritual Experience Scale. The Big Four Dimension Religious Scale has 12 items with respective reability  $\alpha = 0.875$  in the Believing dimension;  $\alpha = 0.747$  Bonding dimensions;  $\alpha = 0.889$  Behaving dimensions;  $\alpha = 0.851$  dimension of Belonging and Daily Spiritual Experience Scale of  $\alpha = 0.786$ . The result of spearman rho correlation between dimensions of religiousness and daily spiritual experience has score 0.424,  $p = 0.000$  ( $p < 0.01$ ) on the dimensions of believing with daily spiritual experience, the correlation dimension of religiosity bonding with daily spiritual experience is 0.296,  $p = 0.000$  ( $p < 0.01$ ), correlation dimensions of behaving religiosity with daily spiritual experience is 0.444,  $p = 0.000$  ( $p < 0.01$ ) and correlation dimension of belonging religiosity with daily spiritual experience has a score 0.325,  $p = 0.000$  ( $p < 0.01$ ), showed that the four hypothesis in this research was accepted. Therefore, it can be concluded that there is a positive correlation between dimensions of religiousness and daily spiritual experience*

*Key word : Basic dimension of religiousness (believing, bonding, behaving, belonging), daily spiritual experience.*