

## ABSTRAK

### **TINGKAT KEMATANGAN KARIER PADA MAHASISWA BIMBINGAN DAN KONSELING UNIVERSITAS SANATA DHARMA YOGYAKARTA (Studi Deskriptif pada Mahasiswa Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta dan Implikasinya pada Penyusunan Program Bimbingan Karier)**

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Penelitian ini bertujuan untuk: (1) mengidentifikasi tingkat kematangan karier pada mahasiswa Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta dalam menentukan arah kariernya; (2) mengetahui butir-butir pengukuran kematangan karier yang mencapai skor rendah sehingga dapat dijadikan dasar penyusunan program Bimbingan karier untuk mahasiswa Bimbingan dan Konseling Sanata Dharma Yogyakarta; dan (3) merumuskan topik-topik bimbingan karier yang dapat diusulkan untuk membantu bagi mahasiswa Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta.

Jenis penelitian ini adalah penelitian kuantitatif deskriptif. Subjek penelitian ini adalah mahasiswa Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta angkatan 2016-2019 yang berjumlah 163 mahasiswa. Pengumpulan data pada penelitian ini menggunakan skala kematangan karier yang berjumlah 35 item yang valid. Skala disusun berdasarkan aspek-aspek kematangan karier, yaitu; (1) *planfulness*; (2) eksplorasi; (3) informasi; (4) pengambilan keputusan; (5) orientasi realitas.

Hasil penelitian ini menunjukkan bahwa; (1) terdapat 44 mahasiswa dengan persentase 27% berada pada kategori sangat tinggi. Terdapat 107 mahasiswa dengan persentase 66% berada pada kategori tinggi. Terdapat 12 mahasiswa dengan persentase 7% berada pada kategori sedang. Tidak ada mahasiswa yang memiliki capaian hasil kematangan karier yang berada pada kategori rendah dan sangat rendah. Hal ini menunjukkan bahwa mahasiswa memiliki kematangan karier yang tinggi didalam dirinya. (2) Hasil item kematangan karier menunjukkan bahwa tidak ada item dengan skor yang berada dalam kategori rendah, tetapi terdapat item dengan skor yang berada dalam kategori sedang sebanyak 2 dengan presentase 6%. (3) Topik-topik bimbingan karier untuk membantu bagi mahasiswa Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta dalam mematangkan kariernya selanjutnya yaitu; (1) tegas dalam pilihan karier dan, (2) perencanaan karier yang tepat dan sesuai.

**Kata kunci:** Kematangan Karier. Mahasiswa Bimbingan dan Konseling

**ABSTRACT****THE CAREER MATURITY LEVEL OF GUIDANCE AND COUNSELING STUDENTS IN SANATA DHARMA UNIVERSITY**

*(A Descriptive Study on Students of Guidance and Counseling in Sanata Dharma University Yogyakarta and The Implication on Drafting The Career Guidance Programs)*

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*This research was purposed: (1) to identify the level of maturity career of the Department of Guidance and Counseling students, Universitas Sanata Dharma Yogyakarta, in determined their careers; (2) to know the items of maturity career measurements that reached low scores, so that it could be the basis of drafting a career guidance programs for Department of Guidance and Counseling students, Universitas Sanata Dharma Yogyakarta; and (3) to formulate the topics of career guidance that could be proposed to help the students of the Department of Guidance and Counseling, Universitas Sanata Dharma Yogyakarta.*

*The type of this research was descriptive quantitative research. The subject of this research was the students of Guidance and Counselling of Universitas Sanata Dharma Yogyakarta batches 2016-2019, which numbered 163 students. A method of data collection for this research was used as a scale of maturity career, which numbered 35 valid items. The scale was arranged based on aspects of maturity career, which were: (1) planfulness; (2) explores; (3) informs; (4) decision-making; (5) orientation of reality.*

*The result of this research showed that; (1) there were 44 students with a percentage of 27% who were on the highest level. There were also 107 students with a percentage of 66% who were on a high level. And, there were 12 students with a percentage of 7% who were on mid-level. There were no students that were on a low or lowest level of maturity career. These results point that; (1) The maturity career of the Department of Guidance and Counselling students were high on themselves. (2) The result of maturity career items showed that there were no items that scored low, but there was an item which scored were on mid-level, as much as 2 with a percentage of 6%. (3) The topics of career guidance to help the students of the Department of Guidance and Counselling, Universitas Sanata Dharma Yogyakarta in maturities their career further were; (1) Firmly in career choices and, (2) Appropriated career planning.*

**Keyword:** *Maturity Career. The students of the Department of Guidance and Counselling.*